Curriculum Vitae for

Emily DeWitt, MS, RD, LD

Lecturer | Department of Dietetics and Human Nutrition

206H Funkhouser Bldg.  
University of Kentucky

Lexington, KY 40506

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Phone: 859-257-5135

Education

|  |  |
| --- | --- |
| May 2017 | University of Kentucky, Lexington, KY  **MS in Nutrition and Food Systems**  *Thesis: Social Marketing Campaign at Farmers’ Markets to Encourage Fruit and Vegetable Purchases in Rural Counties with a High Obesity Prevalence* (Advisor: Dr. Alison Gustafson) |
| Aug 2015 | University of Kentucky, Lexington, KY  **BS in Dietetics**  *Coordinated Program* |

Licensure and Certification

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| --- | --- |
| April 2019-Present | National Diabetes Prevention Program  **Certified Lifestyle Coach** |
| Dec 2015-Present | Kentucky Board of Licensure and Certification for Dietitians and Nutritionist  **Licensed Dietitian, License #166506** |
| Oct 2015-Present | Commission on Dietetic Registration  **Registered Dietitian, CDR #86051573** |

Professional Experience

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| --- | --- |
| Jan 2023-Present | Department of Dietetics and Human Nutrition  University of Kentucky, Lexington, KY  **Lecturer** |
| Jan 2019-Dec 2022 | Family and Consumer Sciences Extension  University of Kentucky, Lexington, KY  **Senior Extension Associate** |
| Aug 2017-Dec 2018 | Department of Dietetics and Human Nutrition  University of Kentucky, Lexington, KY  **Department Coordinator** |
| Jan 2016-Jun 2018 | Tweens Nutrition and Fitness Coalition, Lexington, KY  **Registered Dietitian, Better Bites Coordinator** |
| Aug 2015-May 2017 | Department of Dietetics and Human Nutrition  University of Kentucky, Lexington, KY  **Graduate Teaching Assistant** |

Teaching Experience

|  |  |  |  |
| --- | --- | --- | --- |
| *Course* | *Role* | *Date Taught* | *Students Enrolled* |
| DHN 241: Food Service Sanitation | **Primary Instructor** | Jan 2023-Present | Spring 2023: 28 |
| DHN 480: Dietetics Pre-Professional Practice | **Primary Instructor** | Jan 2023-Present | Spring 2023: 21 |
| DHN 342: Quantity Food Production | **Primary Instructor** | Jan 2023-Present | Spring 2023: 12 |
| DHN 302: Principles of Food Preparation | **Primary Instructor** | Aug 2022-Present | Spring 2023: 10  Fall 2022: 25 |
| AFE/GEN 100: Issues in Agriculture, Food and Environment | **Primary Instructor** | Aug 2021-Present | Fall 2022: 14  Fall 2021: 16 |
| DHN 302: Principles of Food Preparation | **Lab Instructor** | Aug 2017-Dec 2018 | Fall 2018: 36  Spring 2018: 29  Fall 2017: 49 |
| DHN 514: Counseling and Communication Theories and Application | **Lab Instructor** | Aug 2017-Dec 2018 | Fall 2018:49  Fall 2017: 57 |
| DHN 212: Introductory Nutrition | **Primary Instructor** (Online) | Aug 2017-Dec 2018 | Fall 2018: 24  Spring 2018:16  Fall 2017: 12 |

**Overall Quality of Teaching/Quality of Course (Out of 5-point Scale)**

Data provided when evaluation threshold was met:

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | **F22** | **F21** | **F18** | **S18** | **F17** |
| AFE 100 | 4.8/3.3 | 4.4/3.9 |  |  |  |
| DHN 302 | 4.6/4.4 |  | 3.8/4.1 | 4.5/4.35 | 4.15/4.25 |
| DHN 212 |  |  | 4.6/4.6 |  | 3.9/3.5 |

Invited Guest Lectures

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| --- | --- |
| Oct 2022 | Engaging and Collaborating with Community Partners and Key Stakeholders, DHN 603: Advanced Community Program Development  University of Kentucky, Lexington, KY |
| Sept 2022 | Obesity and Healthy Eating Behavior, HES-2004: Health Promotion Transylvania University, Lexington, KY |
| Feb 2022 | Obesity and Healthy Eating Behavior, HES-2004: Health Promotion Transylvania University, Lexington, KY |
| Sept 2021 | Qualitative Research in Community Settings, DHN 603: Advanced Community Program Development  University of Kentucky, Lexington, KY |
| Sept 2021 | Obesity, Nutrition, & Public Health, HES-2024: Intro to Public Health  Transylvania University, Lexington, KY |
| Oct 2019 | County Health Rankings, HES-2024: Intro to Public Health  Transylvania University, Lexington, KY |
| Oct 2019 | Building Healthy Communities, HES-2024: Intro to Public  Transylvania University, Lexington, KY |

Service and Outreach

Mentoring and Precepting

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| --- | --- | --- | --- |
| **Date** | **Name** | **Program** | **Total hours** |
| *Community Nutrition Preceptor* | | | |
| Jun-Jul 2022 | Audrey Lewis | University of Kentucky Supervised Practice Program: Coordinated Program | 280 |
| Mar-May 2022 | Erin Hopkins | University of Kentucky Supervised Practice Program: Dietetic Internship | 280 |
| Mar-May 2021 | Paulina Antimisiaris | University of Kentucky Supervised Practice Program: Coordinated Program | 280 |
| Jan-Mar 2021 | Jiaxun Bei | University of Kentucky Supervised Practice Program: Coordinated Program | 280 |
| Mar-May 2020 | Sarah Higley | University of Kentucky Supervised Practice Program: Coordinated Program | 280 |
|  | | | |
| *Practicum Supervisor* | | | |
| Sept-Nov 2021 | Laura Feck | University of Kentucky: DHN 480 | 25 |

Professional Service

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| --- | --- |
| May 2022-Present | **Past-President**, Bluegrass Academy of Nutrition and Dietetics |
| May 2022-Present | **Annual Conference Chair**, Kentucky Academy of Nutrition and Dietetics |
| Jun 2021-May 2022 | **President**, Bluegrass Academy of Nutrition and Dietetics |
| May 2021-Apr 2022 | **Bluegrass Affiliate Representative**, Kentucky Academy of Nutrition and Dietetics |
| May 2020-May 2022 | **Steering Committee Member,** Centers for Disease Control and Prevention State and Community Health Media Center |
| Jul 2020-Jun 2021 | **President-Elect**, Bluegrass Academy of Nutrition and Dietetics |
| Jun 2020-May 2021 | **Public Policy Coordinator**, Kentucky Academy of Nutrition and Dietetics |
| Jun 2019-May 2020 | **Social Media Coordinator**, Kentucky Academy of Nutrition and Dietetics |
| Jul 2017-Jun 2019 | **Secretary**, Bluegrass Academy of Nutrition and Dietetics |

Awards and Honors

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| --- | --- |
| Oct 2022 | **Dr. Lisa P. Collins Outstanding Staff Award,** *Nominee*, University of Kentucky College of Agriculture, Food and Environment |
| Aug 2022 | **Outstanding Dietetic Preceptor**, *Nominee,* University of Kentucky Supervised Practice Program |
| Feb 2022 | **Outstanding Dietetic Preceptor**, *Recipient,* Bluegrass Academy of Nutrition and Dietetics |
| Feb 2020 | **Young Dietitian of the Year,** *Recipient,* Bluegrass Academy of Nutrition and Dietetics |

Peer Reviewed Journal Publications

Submitted (n=4)

Norman-Burgdolf, H., Gillespie, R., **DeWitt, E**. Cardarelli, K.M., Slone, S., Gustafson, A. (2023) Outcome evaluation of community-driven interventions through Cooperative Extension on dietary and physical activity habits in a rural Appalachian community. *Frontiers in Public Health.*

Hogg-Graham, R., **DeWitt, E.**, Norman-Burgdolf, H., Gillespie, R., Cardarelli, K.M. (2022) Informal, yet Instrumental: Community Member Perspectives on a System Addressing Food Security in Rural Appalachia. *Frontiers in Public Health.* (Submitted)

Anderson-Steeves, E., Hudson, T.\*, Gillespie, R., **DeWitt, E**., Barr, M., Cox, B.\*, Haynes-Maslow, L., Trude, A., Gustafson, A. (2022). Barriers and facilitators to online grocery shopping among Supplemental Nutrition Assistance Program (SNAP) Participants: A Mixed Methods Study. *Ecology of Food and Nutrition*. (Submitted)

Batey, L.\*, **DeWitt, E.**, Brewer, D., Cardarelli, K.M., Norman-Burgdolf, H. (2022). Exploring food-based cultural practices to address food insecurity in rural Appalachia. *Journal of Health Education and Behavior*. (In-review)

Published (n=13)

**DeWitt E.**, Ross, T., Faris, A., Buckman, C., Norman-Burgdolf, H. (2023) Leveraging Clinical-Community Partnerships to Deliver the Diabetes Prevention Program (DPP) through Cooperative Extension. *ADCES in Practice.*

**DeWitt, E.**, Gillespie, R., Norman-Burgdolf, H., Slone, S., Cardarelli, K.M., Gustafson, A. (2022) Exploring the Relationship between SNAP Enrollment and Food Insecurity in Rural Appalachia. *Journal of Hunger & Environmental Nutrition*.

Gillespie, R., **DeWitt, E.**, Trude, A.C.B., Haynes-Maslow, L., Hudson, T., Anderson-Steeves, E., Barr, M., Gustafson, A., (2022). Barriers and Facilitators of Online Grocery Services: Perceptions from Rural and Urban Grocery Store Managers. *Nutrients*.

Gillespie, R., **DeWitt, E.**, Slone, S., Cardarelli, K., Gustafson, A. (2022) The impact of a grocery store closure in one rural highly obese Appalachian community on shopping behavior and dietary intake. *International Journal of Environment Research and Public Health*.

Gustafson, A., Gillespie, R., **DeWitt, E.**, Cox, B., Dunaway, B., Haynes-Maslow, L., Steeves, E.A., Trude, A. (2022) Online Pilot Grocery Intervention among Rural and Urban Residents Aimed to Improve Purchasing Habits. *International Journal of Environmental Research and Public Health.*

Cardarelli, K. M., **DeWitt, E.**, Gillespie, R., Graham, R.H., Norman-Burgdolf, H., Mullins, J.T. (2021) Policy implications of the COVID-19 pandemic on food insecurity in rural America: evidence from Appalachian Kentucky. *International Journal of Environmental Research and Public Health.*

Norman-Burgdolf, H., **DeWitt, E.**, Cardarelli, K.M., Gillespie, R., Slone, S., Gustafson, A. (2021) Sugar-sweetened beverage consumption among adults in rural Appalachia. *Preventive Medicine Reports.*

Jones, N., Dlugonski, D., Gillespie, R., **DeWitt, E**., Lianekhammy, J., Slone, S., Cardarelli, K.M. (2021) Physical Activity Barriers and Assets in Rural Appalachian Kentucky: A Mixed Methods Study. *International Journal of Environmental Research and Public Health.*

Gillespie, R., **DeWitt, E.**, Norman-Burgdolf, H., Dunaway, B., Gustafson, A. (2021) Community Based Efforts Aim to Improve the Food Environment Within a Highly Obese Rural Appalachian County. *Nutrients*.

Cardarelli, K. M., **DeWitt, E**., Gillespie, R., Norman-Burgdolf, H., Jones, N., Mullins, J.T. (2020) “We’re, Like, the Most Unhealthy People in the Country”: Using an Equity Lens to Reduce Barriers to Healthy Food Access in Rural Appalachia. *Preventing Chronic Disease, 17, E165.*

Norman-Burgdolf, H., **DeWitt, E**., Vanderford, N.L., Plasencia, J. (2020). Communication of Professional Readiness by Dietetics and Human Nutrition Undergraduates: A Pilot Study. *North American Colleges and Teachers of Agriculture Journal, 64.*

**DeWitt, E**., Gillespie, R., Norman-Burgdolf, H., Cardarelli, K. M., Slone, S., & Gustafson, A. (2020). Rural SNAP Participants and Food Insecurity: How Can Communities Leverage Resources to Meet the Growing Food Insecurity Status of Rural and Low-Income Residents?. *International Journal of Environmental Research and Public Health*, *17*(17), 6037.

**DeWitt, E**., McGladrey, M., Liu, E., Peritore, N., Webber, K., Butterworth, B., ... & Gustafson, A. (2017). Peer Reviewed: A Community-Based Marketing Campaign at Farmers Markets to Encourage Fruit and Vegetable Purchases in Rural Counties With High Rates of Obesity, Kentucky, 2015–2016. *Preventing Chronic Disease*, *14*.

Peer Reviewed Extension Publications

Submitted (n=2)  
Norman-Burgdolf, H., **DeWitt, E**. (2022) *Does Body Weight Matter?*. Lexington, KY: Cooperative Extension Service, University of Kentucky College of Agriculture, Food and Environment.   
  
Norman-Burgdolf, H., **DeWitt, E**. (2022) *Understanding Obesity*. Lexington, KY: Cooperative Extension Service, University of Kentucky College of Agriculture, Food and Environment.  
  
Published (n=5)

Bastin, S., **DeWitt, E.** (2022) *The Italian Table*. (June 2022, Internal FCS Publication, Original Content).

Luecking, C., **DeWitt, E**. (2022) *Tips for managing stress eating*. Lexington, KY: Cooperative Extension Service, University of Kentucky College of Agriculture, Food and Environment. Pub #FCS 3-637; pp.4. (Peer Reviewed, Original Content).

Norman-Burgdolf, H., **DeWitt, E**. (2022) *Macronutrients: Why we need a balanced diet.* Lexington, KY: Cooperative Extension Service, University of Kentucky College of Agriculture, Food and Environment. Pub #FCS 3-633; pp.4. (Peer Reviewed, Original Content).

Luecking, C., **DeWitt, E**. (2022) *Savoring the eating experience: The art of eating mindfully.* Lexington, KY: Cooperative Extension Service, University of Kentucky College of Agriculture, Food and Environment. Pub #FCS 5-477; pp.4. (Peer Reviewed, Original Content).

Smigell, C., Strang, J., Snyder, J., Pfeufer, E., Perry, B., **DeWitt, E**. (2020) *Pie Pumpkin Cultivar Evaluation*. Lexington, KY: Cooperative Extension Service, University of Kentucky College of Agriculture, Food and Environment. Pub #PR779; pp.18-22. (Peer Reviewed, Original Content).

Professional Presentations & Abstracts

Oral Presentations (Accepted, n=5)

Luecking, C., **DeWitt, E.**, Hopkins, E.\* (May 2022) *Tricks of the Trade: Mindful Eating & Other Strategies to Manage Stress Eating & Savor Each Eating Experience*. Kentucky Extension Homemakers Association State Meeting, Owensboro, KY.

Batey, L.\*, **DeWitt, E.**, Norman-Burgdolf, H. (May 2022). *Exploration of cultural factors within a rural Appalachian community that may be leveraged to address health disparities*. National Health Outreach Conference, Kansas City, MO.

**DeWitt, E**., Gillespie, R., Norman-Burgdolf, H. (May 2021). *Lessons Learned: Cooperative Extension’s Collaboration with Faith-Based Organizations to Facilitate Policy, Systems, and Environmental Changes to Reduce Obesity in Rural Appalachia*. National Health Outreach Conference. Virtual format (due to COVID-19).

Jones, N., **DeWitt, E**., Gillespie, R. (December 2020). *Working Women: Dialing Down Stress with Healthy Habits*. University of Kentucky Women’s Forum Annual Conference, Lexington, Kentucky. Virtual format (due to COVID-19).

Gillespie, R., **DeWitt, E**. (June 2020). *Role of Incentive Influence on Food Purchasing Behavior in an Impoverished Rural Food Environment*. Rural Grocery Summit, Manhattan, KS.

Oral Presentations (Invited, n=2)

**DeWitt, E**., Enderle, J., Spence, M. (April 2021). *Implementing Successful Digital Media Buys*. Centers for Disease Control and Prevention Division of Nutrition, Physical Activity and Obesity Communication Networking Call. Virtual. Invited Panelist.

Deskins, J., **DeWitt, E**., Spence, M. (February 2020). *Using Audience Research to Inform Communication Activities*. Centers for Disease Control and Prevention Division of Nutrition, Physical Activity and Obesity Communication Networking Call. Virtual. Invited Panelist.

Poster Presentations (n=20)

**DeWitt, E.**, Gillespie, R., Bandy, N.\* Perceived Influence of Multilevel Factors on Adult Physical Activity Engagement in Rural Appalachia. Appalachian Translational Research Network Annual Health Summit, Lexington, KY.

Batey, L.\*, **DeWitt, E.**, Norman-Burgdolf, H. *“It’s just part of our hospitality:” Examination of cultural factors influencing health outcomes in a rural Appalachian community.* Appalachian Translational Research Network Annual Health Summit, Lexington, KY.

Bandy, N.\*, **DeWitt, E**., Gillespie, R., Norman-Burgdolf, H. *Examination of Food Security by Age in a Rural Appalachian County*. Appalachian Translational Research Network Annual Health Summit, Lexington, KY.

**DeWitt, E.**, Ross, T., Buckman, C., Faris, A., Norman-Burgdolf, H. (August 2022) *Leveraging a Community-Clinical Partnership to Support Diabetes Prevention in Kentucky*. Association of Diabetes Care and Education Specialists Annual Conference, Baltimore, MD.

**DeWitt, E.**, Gillespie, R. (June 2022) **“***‘Cause they’re afraid that they’re going to run out of food:” how the COVID-19 pandemic impacted one food system in rural Appalachia*. Rural Grocery Summit, Wichita, KS.

**DeWitt, E.**, Gillespie, R. (April 2022) *“We’re always looking for a good thing, aren’t we?”: A snapshot of COVID-19 resilience in rural Appalachia*. Society of Behavioral Medicine Annual Meeting and Scientific Sessions, Baltimore, MD.

Gillespie, R., **DeWitt, E.**, Gustafson, A. (April 2022) *Online grocery shopping intervention leads to healthier purchasing habits among rural and urban shoppers: a pilot study.* Society of Behavioral Medicine Annual Meeting and Scientific Sessions, Baltimore, MD.

**DeWitt, E.**, Gillespie, R., Norman-Burgdolf, H., Slone, S. (October 2021) *SNAP participation does not ameliorate food security in rural Appalachian county*. American Public Health Association Annual Meeting. Virtual.

Gillespie, R., **DeWitt, E**., Norman-Burgdolf, H. Jones, N. Slone, S. (October 2021) *Exploring online grocery shopping practices in one rural highly obese persistently impoverished Appalachian county.* American Public Health Association Annual Meeting. Virtual.

**DeWitt, E.**, Gillespie, R., Norman-Burgdolf, H. (September 2021) *Examining changes in grocery shopping venues in rural Appalachia: A cohort study*. National Institutes of Health **Food Insecurity, Neighborhood Food Environment, and Nutrition Health Disparities: State of the Science Workshop. Virtual.**

Gillespie, R., **DeWitt, E.**, Norman-Burgdolf, H. (May 2021) *Understanding the influence of an incentive on food purchasing behaviors can inform and direct targeted marketing and messaging interventions*. National Health Outreach Conference. Virtual.

Gillespie, R., **DeWitt, E.**, Gustafson, A. (April 2021) *Behavioral economic approaches can improve food choices in rural food environments with limited food access*. Society of Behavioral Medicine Annual Meeting and Scientific Sessions. Virtual.

**DeWitt, E**., Norman-Burgdolf, H., Gillespie, R., Cardarelli, K. (October 2020). *Generational differences in dietary behaviors and food-related practices among rural obese adults in Appalachia*. American Public Health Association Annual Meeting. Virtual.

Gillespie, R., **DeWitt, E**., Cardarelli, K., Norman-Burgdolf, H. (October 2020). *Association between shopping behavior of SNAP recipients in an impoverished highly obese rural Appalachian county*. American Public Health Association Annual Meeting. Virtual.

**DeWitt, E**., Gillespie, R., Norman-Burgdolf, H., Jones, N. (June 2020) *Perceived Barriers and Facilitators to Fruit and Vegetable Consumption in a Persistently Impoverished and Highly Obese Rural Community*. International Society of Behavioral Nutrition and Physical Activity Annual Meeting. Virtual.

Gillespie, R., **DeWitt, E**., Norman-Burgdolf, H., Jones, N. (June 2020). *Role of Incentive Influence on Food Purchasing Behavior in an Impoverished Rural Food Environment.* International Society of Behavioral Nutrition and Physical Activity Annual Meeting. Virtual.

Norman-Burgdolf, H., Jones, N., **DeWitt, E**., Gillespie, R. (June 2020). *Impact of PSE Strategies on Health Behaviors in a Rural Setting: Baseline Findings from a Prospective Cohort Study*. International Society of Behavioral Nutrition and Physical Activity Annual Meeting. Virtual.

Jones, N., Norman-Burgdolf, H., Gillespie, R., **DeWitt, E**. (June 2020).*Perceived Barriers and Its Effect on Physical Activity in Geographically Isolated Rural Communities*. International Society of Behavioral Nutrition and Physical Activity Annual Meeting. Virtual.

Jones, N., **DeWitt, E**. (April 2020). *Perceived Barriers and Its Effect on Physical Activity in Geographically Isolated Rural Communities*. Kentucky Public Health Association Annual Conference, Covington, KY.

**DeWitt, E**., McGladrey, M., Liu, E., Stephenson, T., Webber, K., Peritore, N., ... & Vail, A. (2017). Social marketing campaign at farmers’ markets to encourage fruit and vegetable purchases in rural obese counties. Society of Nutrition Education and Behavior Annual Meeting, Washington, DC.

Research Experience

Extramural Grant-Funded Products

Hunter, J.L. (PI), Gustafson, A. (Co-PI), Koo, J. (Co-PI), Norman-Burgdolf, H. (Co-PI), Cardarelli, K. (Co-PI). CDC High Obesity Program 1809. $2,985,926, *Center for Disease Control and Prevention*, September 30, 2018 – September 29, 2023. (Extramural Funded Project, National Award).

**Role**: Study Coordinator

**FTE**: 85%: Assist with reporting and evaluation; coordinate recruitment and assist with quantitative and qualitative data collection and management; oversee outreach and engagement with county Extension personnel and key partners; train and supervise graduate students.

Norman-Burgdolf, H. (PI), **DeWitt, E.**, & Ross, T. UK HealthCare Barnstable Brown Diabetes Center and UK Cooperative Extension Dissemination of the of the National Diabetes Prevention Program. $84,550, *United Healthcare*, October 1, 2019 – December 31, 2022. (Extramural Funded Project, National Award).

**Role**: Project Assistance/Support

**FTE**: 10%: Facilitate cohorts, as needed; provide support for Diabetes Prevention Programming by county Agents; oversee project implementation, reporting, and evaluation in conjunction with Barnstable Brown Diabetes Center; coordinates dissemination of project findings.

Gustafson, A. (PI), Anderson Steeves, Elizabeth (Co-PI), Haynes-Maslow, L. (Co-PI), Trude, A. (Co-PI). Online Grocery Shopping in Rural Communities. $90,904, *Share Our Strength*, August 1, 2020 – August 31, 2022 (Extramural Funded Project, National Award)

**Role**: Project Assistance/Support

**FTE**: 10%: Assist with data collection and management; oversee training of graduate students.

Internal Grant-Funded Products

Burgdolf, H., Combs, E., **DeWitt, E.** Big Blue Book Club for Dietetics and Human Nutrition Students and FCS Extension. $1,000, *Barnhart Fund for Excellence Award*. January-June 2023.

Plasencia, J., **DeWitt, E**., Norman-Burgdolf, H. Enhancing Transferable Skills in Undergraduate Dietetics and Human Nutrition Students. $2,115, *University of Kentucky School of Human Environmental Sciences Research Activity Award.* January-June 2018.

Media

Print Media

*FCS Information Releases* (n=11)

Information releases are evidence-based summaries of nutrition-related content that are written for use by Kentucky Extension agents in newsletters, local newspapers, websites, or other methods of information dissemination.

**DeWitt, E.** (2021) Navigating net carbs.

**DeWitt, E.** (2021) Power up with protein.

**DeWitt, E.** (2021) Carbohydrates: Fuel for our life.

**DeWitt, E.** (2021) Facts about fats.

**DeWitt, E**., Antimisiaris, P.\* (2021). Adding color to your grill this season.

**DeWitt, E**., Antimisiaris, P.\* (2021). Elevate your meal with grilled fruit.

Norman-Burgdolf, H., **DeWitt, E**. (2020). Frozen vegetables can be your mealtime’s versatile VIP.

**DeWitt, E**. (2020). Mindful Eating: A New Experience with Food.

Norman-Burgdolf, H., **DeWitt, E**. (2020). Snack time can be a healthy, and delicious, thing.

**DeWitt, E**., Norman-Burgdolf, H. (2020). Responding to Emotional Eating.

Norman-Burgdolf, H., **DeWitt, E**. (2020). How to Support Your Immune System.

Podcast Episodes

**DeWitt, E**., Gillespie, R., Najor, J., Mullins, J.T. (Host). (2020, November 4). Insights from Others: Examples of Community Program Plans and Evaluation Plans (No. 3) [Audio Podcast Episode]. In *People I Love to Work With*. University of Kentucky Department of Dietetics and Human Nutrition.

Television Segments

**DeWitt, E**., Saltz, K. High, D. (Anchor). (August 2016). Tips for Packing Healthy School Lunches, [News Segment]. Noon Guests. Lexington, KY: WTVQ 36 Broadcasting.

Professional Memberships

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| Aug 2022-Present | Association of State Public Health Nutritionists  *Healthy Food, Active Communities Council* |
| May 2022-Present | Society of Behavioral Medicine  *Obesity and Eating Disorders Special Interest Group* |
| Aug 2020-Present | American Public Health Association  *Food and Nutrition, Public Health Education and Health Promotion Sections* |
| May 2020-Present | School Nutrition Association |
| Mar 2020-Present | Farmers’ Market Coalition |
| Sept 2019-Present | Nutrition and Obesity Policy Research and Evaluation Network  *Food Service Guidelines Workgroup, Rural Food Access Workgroup* |
| Sept 2013-Present | Academy of Nutrition and Dietetics |
| Sept 2013-Present | Kentucky Academy of Nutrition and Dietetics |
| Sept 2013-Present | Bluegrass Academy of Nutrition and Dietetics |
| Jun 2021-May 2022 | Academy of Nutrition and Dietetics  *Hunger and Environmental Nutrition Dietetics Practice Group* |
| May 2020-Nov 2021 | International Society Behavioral Nutrition and Physical Activity |
| Feb 2017-Jan 2020 | Society for Nutrition Education and Behavior |

Professional Development Activities

|  |  |
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| Academic Workshops Attended | |
| Aug 2022 | Sharing Strategies for Facilitating Community and Belonging, University of Kentucky Center for Enhancement of Learning and Teaching |
| Aug 2022 | Setting the Tone & Fostering Inclusion, University of Kentucky Center for Enhancement of Learning and Teaching |
|  | |
| National Meetings Attended | |
| Nov 2022 | Appalachian Translational Research Network Annual Health Summit |
| Aug 2022 | Association for Diabetes Care and Education Specialists Annual Conference |
| Jun 2022 | Rural Grocery Summit |
| Jun 2022 | Association of State Public Health Nutritionists Annual Meeting |
| May 2022 | National Health Outreach Conference |
| Apr 2022 | Society Behavioral Medicine Annual Meeting and Scientific Sessions |
| Jan 2022 | Academy of Nutrition and Dietetics Advocacy Summit (Virtual Meeting) |
| Oct 2021 | American Public Health Association Annual Conference (Virtual Meeting) |
| Oct 2021 | Appalachian Translational Research Network Annual Health Summit (Virtual Meeting) |
| Oct 2021 | Academy of Nutrition and Dietetics Food and Nutrition Conference and Expo (Virtual Meeting) |
| Sept 2021 | National Institutes of Health **Food Insecurity, Neighborhood Food Environment, and Nutrition Health Disparities: State of the Science Workshop (Virtual Meeting)** |
| May 2021 | CDC Division of Nutrition, Physical Activity and Obesity National Training (Virtual Meeting) |
| May 2021 | National Health Outreach Conference (Virtual Meeting) |
| Oct 2020 | American Public Health Association Annual Conference (Virtual Meeting) |
| Jun 2020 | The International Society of Behavioral Nutrition and Physical Activity XChange (Virtual Meeting) |
| Jun 2020 | Population Health in Rural America in 2020: A Workshop (Virtual Workshop) |
| Mar 2020 | Universities Fighting World Hunger Summit (Virtual Meeting) |
| Feb 2020 | National Farm to School Network Action Institute |
| Oct 2019 | The 9th Annual Appalachian Translational Research Network Health Summit |
| Jul 2019 | Kentucky-Tennessee Policy, Systems, and Environment Academy |
| May 2019 | CDC Division of Nutrition, Physical Activity and Obesity National Training |
| Dec 2018 | Cornell University, Making the Healthy Choice the Easy Choice Course |
| Oct 2018 | Academy of Nutrition and Dietetics Food and Nutrition Conference and Expo |
| Jul 2017 | Society for Nutrition Education and Behavior Conference |
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| State & Local Meetings Attended | |
| Dec 2022 | University of Kentucky Women’s Forum Annual Conference |
| Sept 2022 | Bluegrass Academy of Nutrition and Dietetics September Seminar |
| May 2022 | Kentucky Extension Homemakers Association Annual Meeting |
| Apr 2022 | Bluegrass Academy of Nutrition and Dietetics April Seminar |
| Mar 2022 | Kentucky Academy of Nutrition and Dietetics Annual Conference and Expo |
| Mar 2022 | Kentucky Local Food Systems Summit |
| Mar 2022 | University of Kentucky Area Health Education Center Annual Conference |
| Mar 2022 | Kentucky Academy of Nutrition and Dietetics Legislative Day |
| Dec 2021 | University of Kentucky Women’s Forum Annual Conference (Virtual Meeting) |
| Dec 2021 | University of Kentucky Annual Extension Conference |
| Oct 2021 | Shaping Our Appalachian Region Summit |
| Sept 2021 | Bluegrass Academy of Nutrition and Dietetics September Seminar |
| Mar 2021 | Kentucky Academy of Nutrition and Dietetics Legislative Day (Virtual Meeting) |
| Feb 2021 | Bluegrass Academy of Nutrition and Dietetics February Seminar (Virtual Meeting) |
| Dec 2020 | University of Kentucky Women’s Forum Annual Conference (Virtual Meeting) |
| Sept 2020 | Bluegrass Academy of Nutrition and Dietetics September Seminar (Virtual Meeting) |
| Aug 2020 | Kentucky Academy of Nutrition and Dietetics Annual Conference and Expo (Virtual Meeting) |
| Mar 2020 | University of Kentucky Area Health Education Center Annual Conference |
| Feb 2020 | Bluegrass Academy of Nutrition and Dietetics February Seminar |
| Feb 2020 | Kentucky Local Food Systems Summit |
| Nov 2019 | Kentucky Association of State Extension Professionals Fall Meeting |
| Sept 2019 | Barnstable Brown Diabetes Center Symposium |
| Sept 2018 | Bluegrass Academy of Nutrition and Dietetics September Dinner Meeting |
| Feb 2018 | Bluegrass Academy of Nutrition and Dietetics February Seminar |
| Sept 2017 | Bluegrass Academy of Nutrition and Dietetics September Dinner Meeting |
| Mar 2015 | Kentucky Academy of Nutrition and Dietetics Annual Conference and Expo |
| Oct 2014 | Academy of Nutrition and Dietetics Food and Nutrition Conference and Expo |