

**JULIE PLASENCIA, PHD, RDN, LD**  
**University of Kentucky**

**1. EDUCATION**

- 2017 Ph.D. Human Nutrition, Michigan State University, East Lansing, MI
- 2015 Certification in Teaching College Science, Michigan State University, East Lansing, MI
- 2008 M.S. Human Nutrition, Michigan State University, East Lansing, MI
- 2007 R.D.N. Dietetic Internship, University of Nevada Reno, Las Vegas, NV
- 2003 B.A. International Business Administration, Alma College, Alma, MI

**Registration and Licensure**

- Registered Dietitian Nutritionist                      Commission on Dietetic Registration,  
Registration Number: 961065
  
- Licensed Dietitian    Kentucky Board of Licensure and Certification for Dietitians and  
Nutritionists, License Number: 169262

**2. ADMINISTRATION**

- 2020-present              Director of the Didactic Program in Dietetics (DPD)  
University of Kentucky

**3. PROFESSIONAL EXPERIENCE**

- 2023 – Present              Associate Professor, Regular Title Series  
Department of Dietetics and Human Nutrition (DHN)  
Martin-Gatton College of Agriculture Food and Environment (Martin-Gatton CAFE)  
University of Kentucky
  
- 2016 – 2023              Assistant Professor, Regular Title Series  
DHN, Martin-Gatton CAFE, University of Kentucky
  
- 2019 – 2023              Assistant Professor, Joint Appointment  
College of Dentistry  
Oral Health Practice, Diagnosis Wellness, and Prevention Clinic  
University of Kentucky
  
- 2011 – 2016              Graduate Research and Teaching Assistant, Department of Food Science and Human  
Nutrition, Michigan State University, East Lansing, MI
  
- 2009 – 2011              Area Extension Specialist, University of Nevada Cooperative Extension, Las Vegas,  
NV
  
- 2007 – 2009              Community Nutrition Educator, University of Nevada Cooperative Extension, Las  
Vegas, NV
  
- 2008 – 2009              Diabetes Educator, Desert Springs Hospital Diabetes Treatment Center, Las Vegas,  
NV
  
- 2007 – 2009              Clinical Dietitian, St. Rose Dominican Hospitals, Henderson, NV
  
- 2003 – 2006              Graduate Research and Teaching Assistant, Department of Food Science and Human  
Nutrition, Michigan State University, East Lansing, MI
  
- 2003                              Hispanic Initiative Team Intern, General Motors Headquarters, Detroit, MI

#### 4. AWARDS AND HONORS

2023 Kentucky Academy of Nutrition and Dietetics  
**Outstanding Dietitian of the Year**

2023 Blue Grass Academy of Nutrition and Dietetics  
**Outstanding Dietitian of the Year**

2022-2023 University of Kentucky

**Research Scholars Program (RSP) Fellow.** The Research Scholars Program (RSP) is a competitive multi-component one-year fellowship and investment to enhance the research careers of underrepresented junior faculty and their mentors.

2022 University of Kentucky

**2022 Ken Freedman Outstanding Advisor, Nominee.** Student submitted nomination through the University of Kentucky Advising Network.

2020, 2021, and 2022 University of Kentucky, College of Agriculture, Food, and Environment

**Wethington Award.** The Wethington Awards program is a faculty award designed to increase the University's extramural grant and contract funding.

2020 Academy of Nutrition and Dietetics, Latinos and Hispanics in Dietetics and Nutrition (LAHIDAN)

**Distinguished Service Trinko Award.** LAHIDAN Distinguished Trinko Service Award is LAHIDAN's highest recognition. Its purpose is to honor members who have made outstanding contributions to LAHIDAN, the dietetics profession, and the health of the population.

2019-2022 Robert Wood Johnson Foundation

**Clinical Scholar. National, Competitive Fellowship.** Clinical Scholars is a national leadership program for experienced healthcare providers supported by the Robert Wood Johnson Foundation.

2016-2017 The Kentucky Council on Postsecondary Education

**Academic Leadership Development Institute.** The purpose of the Academic Leadership Development Institute is to create a professional learning community of early-career, underrepresented minority faculty who are interested in future administrative leadership positions.

#### 5. RESEARCH

##### Extramural Funding – Awarded

1. **Plasencia J.**, Investigating Career Advancement for BIPOC Registered Dietitians, Sponsored by Academy of Nutrition and Dietetics Foundation Submitted: May 28, 2024. 06/01/24-05/31/25. \$15,048.00
2. **Plasencia J.** (PI), Co-Investigators: Brewer D., Ceballos Osorio J., Grubbs A. B., Miller C. S., Norman-Burgdolf H. *Bridge Scholars Program - Bridging Disease Prevention Through Nutrition Focused Education in Community Clinics.* USDA National Institute of Food and Agriculture. 05/01/2020-4/30/2025. \$499,960
3. **Plasencia, J.** (PI), CO-Is: Miller, C, Darville, A, Carlson, C, Grubbs, A., Thompson, A. *Creating a Culture of Trust in Casey County.* Robert Wood Johnson Foundation, Clinical Scholars Program COVID-19 Rapid Response. 01/01/2021 – 05/31/2021. \$10,000

4. Polk, S. (PI, lead), Co-Is: **Plasencia J. A.** *Preparing to address obesity post-COVID: Building the case for youth recreational sports leagues.* Robert Wood Johnson Foundation, Clinical Scholars Program COVID-19 Rapid Response. 01/01/2021 – 05/31/2021. \$10,000
5. **Plasencia, J.** (PI, Co-Is: Wesley, S. *Reducing barriers to health in children Casey County.* Community Action Leadership Network Equity Fund. 07/01/2020 – 08/31/2020. \$1,000
6. Miller, C. S. (Co-PI, Team Lead), **Plasencia, J.** (Co-PI), Carlson, C. (Co-PI), Darville, A. (Co-PI), Grubbs, A. B. (Co-PI). *Coordinating Activities to Support Empowerment of Youth (CASEY) Health.* Robert Wood Johnson Foundation Clinical Scholars Program. 09/15/2019-09/14/2022. \$525,000

#### **Internal Funding – Awarded**

1. Linares, A. M. (PI, Team Leader), Barnhart, S. M. (Co-PI) and **Plasencia, J.** (Co-I), Rayens, M.K., (Co-I). *Leveraging Cultural Health Beliefs and Actions to Improve Latinx Family Wellness.* UNITE/College of Social Work RCT Pilot Grant. 12/01/22-05/31/24. \$50,000
2. Linares, A. M.; (PI, Team Leader), Rayens, M.K., (Co-Investigator), Barnhart, S. M. and **Plasencia, J.** (Collaborators). *Familismo and Social Determinants of Health: Critical components of exclusive breastfeeding disparities in Hispanic mothers.* UK United in True Racial Equity (UNITE) General Pilot. 07/01/2022 - 06/30/2023. \$25,000
3. **Plasencia, J.** (PI) Development of a dietary acculturation scale for Latinx. College of Agriculture, Food and Environment Research Activity Award. 11/1/2021 - 06/30/2022. \$1,000, within-college competitive
4. **Plasencia, J.** (PI) Content analysis of 24-hour dietary recalls of Latinx immigrants for the development of a dietary acculturation scale. College of Agriculture, Food and Environment Research Activity Award. 04/26/2021 - 08/2021. \$750, within-college competitive
5. **Plasencia, J.** (PI) Focus Groups with CASEY Health Stakeholders. College of Agriculture, Food and Environment Research Activity Award. 10/17/2019 - 06/30/2020. \$2,750, within-college competitive
6. **Plasencia, J.** (PI) Cultural Sensitivity in Cooperative Extension Nutrition Education Programming in Kentucky. College of Agriculture, Food and Environment Research Activity Award. 10/16/2017-06/30/2018. \$1,888, within-college competitive.
7. Norman-Burgdolf, H. (PI) **Plasencia, J.** (Co-PI) Enhancing Transferable Skills in Undergraduate Dietetics and Human Nutrition Students. University of Kentucky School of Human Environmental Sciences Research Activity Award. 01/01/2018-06/30/2018. \$2,115, within-college competitive

## **6. PUBLICATIONS**

### **Peer-Reviewed Journal Publications**

1. **Plasencia J,** Hoerr S, Balcazar H, Lapinski M, Weatherspoon L. Cultural Influences on Dietary Choices of Mexican Americans with Type 2 Diabetes: A Qualitative Synthesis. *ADCES in Practice.* 2024;12(1):22-34. doi:10.1177/2633559X231217748
2. Mayfield, K.E., Ellithorpe, M., Anderson, R.K., Wright, N.C. The Consumption of Animal and Plant Foods in Areas of High Prevalence of Stroke and Colorectal Cancer. *Nutrients* 2023, 15, 993. <https://doi.org/10.3390/nu15040993>
3. Brewer, D., Koempel, A., Moellering, A., Stephenson, T., Kostelic, A., and **Plasencia, J.**, Sheffield A, Guerrant B, and Alethia Price. Building Sustainable Community-Academic Partnerships while

Implementing a Nutrition-Based Blackberry Garden Program at a Senior Center. *The Journal of Hunger & Environmental Nutrition*. *Accepted July 2022*.

4. Ellithorpe, M. E., Zeldes, G., Dorrance-Hall, E., Chavez, M., Takahashi, B., Bleakley, A., **Plasencia, J.** (2022). I'm Lovin' It: How Fast Food Advertising Influences Meat-Eating Preferences. **Journal of Health Communication**, 1–11. Advance online publication. DOI: <https://doi.org/10.1080/10810730.2022.2068701>.
5. Ellithorpe, M. E., Takahashi, B., Alumit Zeldes, G., Dorrance-Hall, E., Chavez, M., **Plasencia, J.** (2022). Family and Cultural Perceptions About Meat Consumption among Hispanic/Latino and White Adults in the United States. **Ecology of Food and Nutrition**, 61(3), 353–366. DOI: <https://doi.org/10.1080/03670244.2021.2018309>
6. **Plasencia, J.**, Norman-Burgdolf, H., Weatherspoon, L. J. (2021). Assessment of Cultural Sensitivity in Dietetics Education. **NACTA Journal**, 65, 376.
7. Attia, S., Young, T., Ceballos-Osorio, J., **Plasencia, J.** (2021) Identifying Targets for the Prevention of Childhood Undernutrition in a Resource-Limited Periurban Ecuadorian Community. **Food and Nutrition Bulletin**. 42(2), 210-224. DOI: <https://doi.org/10.1177/0379572120982500>
8. Dorrance-Hall, E., Ma, M., Azimova, D., Ellithorpe, M., **Plasencia, J.**, Campbell, N., Manuel, C., Zeldes G. A., Takahashi, B., Bleakley, A., Hennessey, M. (2021) The Mediating Role of Family and Cultural Food Beliefs on the Relationship between Family Communication Patterns and Diet and Health Issues across Racial/Ethnic Groups. **Health Communication**. 36(5), 593-605. DOI: <https://doi.org/10.1080/10410236.2020.1733213>.
9. Norman-Burgdolf, H, Dewitt, E, Vanderford, NL, **Plasencia, J.** (2020) Assessment of Dietetics and Human Nutrition Undergraduates' Ability to Communicate Professional Readiness: A Pilot Study. **NACTA Journal**. 64(1), 58-65.
10. Earnesty, D. S., Mphwanthe, G., Shipp, G. M., Kelleher, D., **Plasencia, J.**, Quilliam, E. T., Rifon, N. J., Weatherspoon, L. J. (2019). The association between parental views on dietary quality and physical activity levels. **Health Education Journal**. 79(2):237-49. DOI: <https://doi.org/10.1177/09737896919873939>
11. Quilliam, E., McKay, B., Lapinski, M. K., Viken, G., **Plasencia, J.**, Zhangqi Wang, A.F. (2018). A Content Analysis of Hand Hygiene Educational Materials Targeting Elementary-Age Children. **Health Education Research**. 33(6), 481–491. DOI: <https://doi.org/10.1093/her/cyy033>
12. **Plasencia, J.**, Hoerr, S., Carolan, M., Weatherspoon, L. J. (2017). Acculturation and Self-Management Perceptions Among Mexican American Adults With Type 2 Diabetes. **Family & Community Health**. 40(2), 121–131. DOI: <https://doi.org/10.1097/fch.000000000000139>  
WOS Metric Year: 2017 | Category: Public, Environmental & Occupational Health – SSCI | JIF 1.365 | Rank 97/157 | TC 769

#### **Intellectual Contributions, Not Peer-Reviewed**

1. Barajas, C., Hinton, J., **Plasencia, J.** (May 2021) Consumption of Diet and Nutrition Information in Digital Magazines Marketing to Latinx Women. *Adelante LAHIDAN Newsletter*. [https://uknowledge.uky.edu/foodsci\\_facpub/38](https://uknowledge.uky.edu/foodsci_facpub/38)
2. **Plasencia, J.** (2019). Distance Learning: Setting up Your Virtual Classroom. In Tammy Stephenson (Ed.), *The Educator's Resource* (1st ed., vol. 75, pp. 9). Nutrition Educators of Health Professionals a Practice Group of the Academy of Nutrition and Dietetics.

<https://higherlogicdownload.s3.amazonaws.com/THEACADEMY/815259a6-502a-414a-bb42-004a20d69a9f/UploadedImages/NEHP/Documents/01-2019-nehf-final-lores.pdf>

## 7. INTELLECTUAL PROPERTY

Plasencia, J., Miller, C. S., Grubbs, A. B., Carlson, C., Darville, A. K., BRIEF Health Lessons, Patent/Copyright/ID Number: Invention Report 2674

## 8. POSTER PRESENTATIONS

### Peer-Reviewed Poster Presentations

1. Linares, A. M., **Plasencia, J.**, Barnhart, S., Gomez, M., & Cartagena, D. Prácticas de Alimentación en Padres de Niños Latinos en los Estados Unidos. XVIII Coloquio Panamericano de Investigación en Enfermería, Santiago, Chile. (Nov. 2024).
2. Barnhart, S., **Plasencia, J.**, Cartagena, D., and Linares, A.M. (2024, April). Implementing an RCT with Spanish-Speaking Latinx Families in Lexington Kentucky: Recognizing and Aligning with Diversity. 2024 University of Kentucky. CCTS Spring Conference. Presentation – peer-reviewed.
3. Barnhart, S. M., Linares, A. M., **Plasencia, J.**, Cartagena, D., (January 2024). Parenting Stress and Child Obesogenic Behaviors Among Latinx/Hispanic Families Society for Social Work and Research 28th Annual Conference - Recentering & Democratizing Knowledge: The Next 30 Years of Social Work Science., Society for Social Work and Research.
4. Erickson A., Omran N., Meister S., Udarbe S., Hinton J., Lightner E., Brewer D. P., Norman-Burgdolf H., **Plasencia J.** Exploring differences in diet quality, traditional foods consumed, and acculturation among Mexican and Cuban Immigrants. Food and Nutrition Conference and Expo, Academy of Nutrition and Dietetics, Orlando, FL. (October 11, 2022)
5. Tucker, R., **Plasencia, J.**, Jackson, Y. "Training in cultural influences on dietary practices necessary for dietetics students to increase counseling confidence with people of different backgrounds," Virtual International Congress of Dietetics. (September 15-18, 2020).
6. Durr, A. C., Norman-Burgdolf, H. Mullins, J. L. Vail, A. Cotterill, D. **Plasencia, J.** Food and Nutrition Conference and Expo, "Cultural Sensitivity in Nutrition Education for Hispanics/Latinos: Perceptions of Paraprofessionals," Academy of Nutrition and Dietetics, Philadelphia, PA, United States. (October 28, 2019).
7. Jackson, Y. Tucker, R. **Plasencia, J.** Food and Nutrition Conference and Expo, "Increased Curricular Exposure to Culture-based Food Practices Increases Dietetic Interns' Likelihood in Working with Diverse Patient Groups," Academy of Nutrition and Dietetics, Philadelphia, PA, United States. (October 28, 2019).
8. **Plasencia, J.** Jackson, Y. Tucker, R. The 2019 6th National CIRTL Forum, "Curricular Exposure to Culture-based Food Practices Increases Dietetic Interns' Self-Reported Confidence in Working with Diverse Patient Groups," Center for the Integration of Research Teaching and Learning, Philadelphia, PA. (October 13, 2019).
9. Hall, E. D., Mengyan Ma, D. A., Campbell, N., Ellithorpe, M., **Plasencia, J.**, Chavez, M., Zeldes, G., Takahashi, B., 105th Annual Convention, "Linking Family Influence on Diet and Health Issues through Meat-Centric Family and Cultural Food Beliefs," National Communication Association, Baltimore, MD, United States. (November 2019).

10. Oo, T. N. S., Stephenson, T. J., Hege, A., Pennell, M., Revlett, B., VanMeter, C., Stahl, D., **Plasencia, J.** Academy of Nutrition & Dietetics FNCE Annual Meeting, "Dive into the Hunger Pool: Exploring Students' Self-reported Challenges, Coping Strategies, and Recommendations Related to Food Insecurity at the University of Kentucky." Washington DC. (October 2018).
  11. Hege, A., Stephenson, T. J., Pennell, M., Revlett, B., VanMeter, C., Stahl, D., **Plasencia, J.** Academy of Nutrition & Dietetics FNCE Annual Meeting, "Food and Housing Security: A Prerequisite for Student Success at a Large Public University.," Washington DC. (October 2018).
  12. Oo, T. N.S., Hege, A., Pennell, M., Revlett, B., VanMeter, C., Stahl, D., **Plasencia, J.**, Stephenson, T. J. Food and Nutrition Conference and Expo, "Dive into the Hunger Pool: Exploring Students' Self-reported Challenges, Coping Strategies, and Recommendations Related to Food Insecurity at the University of Kentucky," Academy of Nutrition and Dietetics, Washington, DC, United States. (October 22, 2018).
  13. **Plasencia, J.** Minority Women Research Network Symposium, "Defining Cultural Influences of Disease Self-Management by Mexican-Americans with Type 2 Diabetes Mellitus: A Qualitative Synthesis," Minority Women Research Network, Accepted, Regional, Atlanta, GA, United States. (October 15, 2018).
  14. **Plasencia, J.** Balcazar, H., Hoerr, S., Lapinski, M., Weatherspoon, L. J. (2018). Defining Cultural Influences of Disease Self-Management by Mexican-Americans with Type 2 Diabetes Mellitus: A Qualitative Synthesis. *Minority Women's Research Network Symposium*. Minority Women's Research Network, Atlanta, GA.
  15. **Plasencia, J.** Hoerr, S. Balcazar, H. Lapinski, M. Weatherspoon, L. J. Food and Nutrition Conference and Expo, "Cultural Sensitivity Among Registered Dietitians Counseling Mexican-Americans with Type 2 Diabetes," Academy of Nutrition and Dietetics, Chicago, IL, United States. (October 22, 2017).
  16. **Plasencia, J.** Hoerr, S., Balcazar, H., Lapinski, M., Weatherspoon, L. J. (2017). Cultural Sensitivity among Registered Dietitians Counseling Mexican-Americans with Type 2 Diabetes. *Journal of the Academy of Nutrition and Dietetics*, 117(10), A128. Academy of Nutrition and Dietetics Food Nutrition and Expo, Chicago, IL.
  17. **Plasencia, J.** Balcazar, H., Hoerr, S., Lapinski, M., Weatherspoon, L. J. (2017). Cultural Influences of Diet and Physical Activity by Mexican-Americans with Type 2 Diabetes. *Journal of Nutrition Education and Behavior*, 49(7), S39. Society for Nutrition Education and Behavior National Conference, Washington, D.C.
- 9. INVITED SPEAKER**
1. **Plasencia, J.**, (January 31, 2024). "Career Path in Nutrition and Dietetics," Nutritional Sciences and Health Society, University of Texas Rio Grande Valley. Virtual Webinar.
  2. **Plasencia, J.** (February 2023). "Cultural Influences on Diet Quality of Latinos in New Settlement Communities," South Florida Academy of Dietetics and Nutrition." Virtual Webinar.
  3. **Plasencia, J.** (November 2022). "Cultural Food Practices and Influences on Diet of Latinx in New Settlement Communities." Purdue University, Interdepartmental Nutrition Program Seminar Series.
  4. **Plasencia, J.**, Miller, C. S., Darville, A. K., Grubbs, A. B., Carlson, C. (February 2022). Clinical Scholars, Robert Wood Johnson Foundation, "Wicked Problem Impact Problem Showcase Presentation with Team Kentucky." Virtual Webinar.

5. **Plasencia, J.** (November 2021). AGEP Student Success Conference, The Alliances for Graduate Education and the Professoriate (AGEP), "Facilitator for Crosstalk Oral Presentations." Virtual Webinar.
6. **Plasencia, J.** (October 2021). "Considerations in addressing nutrition-related health disparities among Latinx in Kentucky," Blue Grass Academy of Nutrition and Dietetics. Virtual Webinar.
7. **Plasencia, J.** (June 2021). "*Frases Positivas Durante la Alimentación*" (Positive Phrases for Feeding Time)." Invited Expert for Un Abrazo Amigo Support Group, University of Kentucky, Clinica Amiga. Virtual Webinar.
8. Grubbs, A, **Plasencia, J.** (April 2021). "Coordinating Activities to Support the Empowerment of Youth Health – Year 2." Robert Wood Johnson Foundation, Clinical Scholars. Virtual Webinar.
9. **Plasencia, J.** (March 2021). "A Calling Towards Achieving Health Equity." Michigan State University, Office of Diversity College of Agriculture & Natural Resources Office of Diversity, Equity and Inclusion. Virtual Webinar.
10. **Plasencia, J.** (March 2021). "Building Skills for a Successful Career!" Postdoc Academy. *Filmed for project funded by NIH's National Institute of General Medical Sciences.* Virtual Webinar.
11. **Plasencia, J.** (February 2021). Career Paths in Dietetics, University of Kentucky, Student Dietetic and Nutrition Association. Virtual Webinar.
12. **Plasencia, J.**, Grubbs, A, Darville, A, Carlson, C, Miller, C. (January 2021). Building a Culture of Trust in Casey County. Robert Wood Johnson Foundation, Clinical Scholars COVID-19, Rapid Response Co-learning Session. Virtual Webinar.
13. **Plasencia, J.**, (March 2019). Epidemiology Seminar Series, "Cultural Influences on Diet of Mexican-Americans: Implications for Health Interventions," University of Alabama at Birmingham, School of Public Health, Invited, Regional, Birmingham, AL.
14. **Plasencia, J.**, (October 2019). Food and Nutrition Conference and Expo/House of Delegates Meeting, "Growing My Future with the Academy Foundation," Academy of Nutrition and Dietetics, Invited, National, Washington, DC.
15. **Plasencia, J.** (October 20, 2018). Food and Nutrition Conference and Expo/50 Year Member Celebration, "Growing My Future with the Academy Foundation," Academy of Nutrition and Dietetics, Invited, National, Washington, DC.
16. **Plasencia, J.** (October 2018). Food and Nutrition Conference and Expo, "Learning Lounge: Growing Your Future with the Academy Foundation," Academy of Nutrition and Dietetics, Invited, National, Washington, DC.
17. Oo, TNS. Stephenson, TJ, Hege, A, Pennell, M, Revlett, B, VanMeter, C, Stahl, D, **Plasencia, J.** (October 2018). Academy of Nutrition & Dietetics FNCE Annual Meeting, "Dive into the Hunger Pool: Exploring Students' Self-Reported Challenges, Coping Strategies, and Recommendations Related to Food Insecurity at the University of Kentucky," Washington DC.
18. Hege, A, Stephenson, TJ, Pennell, M, Revlett, B, VanMeter, C, Stahl, D, **Plasencia, J.** (October 2018). Academy of Nutrition & Dietetics FNCE Annual Meeting, "Food and Housing Security: A Prerequisite for Student Success at a Large Public University," Washington DC.
19. **Plasencia, J.** (Fall 2018). Minority Women Research Network Symposium, "Defining Cultural Influences of Disease Self-Management by Mexican-Americans with Type 2 Diabetes Mellitus: A Qualitative Synthesis," Minority Women Research Network, Regional, Atlanta, GA.
20. Norman-Burgdolf, H., **Plasencia, J.**, Dewitt, E. (October 2018). Human Environmental Sciences Research Seminar Series, "Assessment and development of transferable skills and professional

readiness in dietetics and human nutrition undergraduates," School of Human Environmental Sciences, Invited, College, Lexington, KY.

21. **Plasencia, J.** (October 2017). Human Environmental Sciences Research Seminar Series, "Cultural Sensitivity in Medical Nutrition Therapy Counseling for Mexican Americans with Diabetes," School of Human Environmental Sciences, Invited, Lexington, KY.

#### **Undergraduate Research Posters, ^ = Undergraduate**

1. ^Kho, H., Omran, N., **Plasencia, J.** (April 24, 2024). Analyzing Evaluation Instruments for a Youth Health Program Showcase of Undergraduate Scholars, Office of Undergraduate Research, University of Kentucky, Lexington, KY. State.
2. ^Pate, M., Omran, N., **Plasencia, J.** (April 24, 2024). Content Analysis of Events of Learning in CASEY Health Lessons Showcase of Undergraduate Scholars, Office of Undergraduate Research, University of Kentucky, Lexington, KY. State.
3. ^Sosa, C., ^Cleary-Budge, J., Ceballos Osorio, J., Linares, A. M., Omran, N., **Plasencia, J.** (April 24, 2024). Cultural practices among immigrant Hispanic mothers in Kentucky and their influence on breastfeeding Showcase of Undergraduate Scholars, Office of Undergraduate Research, University of Kentucky, Lexington, KY. State.
4. ^Sosa, C., ^Cleary-Budge, J., Omran, N., Linares, A. M., Ceballos Osorio, J., **Plasencia, J.** (April 24, 2024). Disparities in Social Determinants of Health and Its Impact on Choice to Breastfeed Among Hispanic Women Showcase of Undergraduate Scholars, Office of Undergraduate Research, University of Kentucky, Lexington, KY. State.
5. ^Schildt, M., Omran, N., **J. Plasencia.** (April 26, 2023). Cardiometabolic Disease Risk Factors in Mexican Americans Showcase of Undergraduate Scholars, Office of Undergraduate Research, University of Kentucky, Lexington, KY. State.
6. ^Cooper, H., Omran, N., **J. Plasencia.** (April 26, 2023). Examining the Diet Quality and Cardiometabolic Risk Factors Among Guatemalan Immigrants. Showcase of Undergraduate Scholars, Office of Undergraduate Research, University of Kentucky, Lexington, KY. State.
7. ^Alvayero, K., Omran, N., **J. Plasencia.** (April 26, 2023). Examining the Diet Quality and Cardiometabolic Risk Factors Among Salvadorean Immigrants. Showcase of Undergraduate Scholars, Office of Undergraduate Research, University of Kentucky, Lexington, KY. State.
8. ^Singh, S., Omran, N., **Plasencia, J.** (April 26, 2023). Relationship Between Diet Quality and Cardiometabolic Disease Risk Factors Among Cuban Immigrants. Showcase of Undergraduate Scholars, Office of Undergraduate Research, University of Kentucky, Lexington, KY. State.
9. Stroud, M., Omran, N., **Plasencia, J.** Developing a Culturally Tailored Nutrition Education for Central ^Americans. Showcase of Undergraduate Scholars, Office of Undergraduate Research, University of Kentucky, Lexington, KY. State. (April 26, 2022).
10. ^Gonzalez-Estrada, M., Omran, N., **Plasencia, J.** Developing a Culturally Tailored Nutrition Education for Cuban Americans. Showcase of Undergraduate Scholars, Office of Undergraduate Research, University of Kentucky, Lexington, KY. State. (April 26, 2022).
11. ^Reyes, S., Ceballos Osorio, J., Omran, N., **Plasencia J.** Developing a Culturally Tailored Nutrition Education for Mexican-Americans. Showcase of Undergraduate Scholars, Office of Undergraduate Research, University of Kentucky, Lexington, KY. State. (April 26, 2022).



## 10. TEACHING AND ADVISING

### Master's Thesis Committee Chair

1. Micaela Stroud (August 2022 - *December 2023 expected*)
2. Alexis Scott, "Leveraging Community Health Workers' Expertise in the Community to Address Food Insecurity in Appalachia." (May 2022).
3. Nasreen Omran, RDN, "Exploring Relationships between Cultural Values and Diet Patterns in Mexican and Cuban Immigrants in Kentucky." (May 2021).
4. Austyn Erickson, "Examining Cultural Influences on Dietary Behaviors among Mexican Americans with Low Acculturation." (2020).
5. Anna Caroline Durr, "Cultural Sensitivity in Cooperative Extension Nutrition Education Programming in Kentucky," (2018).

### Courses Taught

DHN 101 Introduction to Human Nutrition and Wellness, Distance Learning

DHN 301 Dietetics Practice

DHN 480 Pre-Professional Practice in Dietetics

HES 300/DHN 598 Global Foods, Diet, and Culture

DHN 598 Global Foods, Diet, and Culture, Distance Learning

DHN 374 Research and Writing in Dietetics

DHN 518 Evaluation of Dietetic Issues and Leadership

## 11. SERVICE

### UNIVERSITY SERVICE

- |              |   |
|--------------|---|
| 2022         | • UK Cooperative Extension Publication Reviewer                                 |
| 2022-present | • UK Hospital Dietetic Internship Advisory Board                                |
| 2021-present | • Corazon de la Familia, UK Rich Heart Institute Advisory Board                 |
| 2020         | • Cultural Consultant, UK Institutional Review Board                            |
| 2017-present | • Dietetic Internship Advising  |
| 2017-present | • Dietetic Undergraduate Curriculum Committee                                   |
| 2017-present | • DHN Coordinated Program Selection Committee                                   |
| 2017-present | • DHN Graduate Faculty Committee  |
| 2017-present | • DHN Accelerated Coordinated Program Curriculum Committee                      |
| 2017-present | • Advisory Board Member, Cooperative Extension – Nutrition Education Program    |
| 2018         | • Hatch Project Proposal Reviewer, College of Agriculture, Food and Environment |
| 2017         | • Panel Member, CAFE New Faculty Workshop                                       |

### 12. LEADERSHIP SERVICE

- |              |  |
|--------------|--|
| 2024-present | • Board of Editors, Journal of the Academy of Nutrition and Dietetics                  |
| 2022         | • House of Delegates Table Facilitator, Academy of Nutrition and Dietetics.            |
| 2022-present | • Ad hoc reviewer. North American Colleges and Teachers of Agriculture (NACTA) Journal |
| 2021-present | • Ad hoc reviewer. Health Education and Behavior                                       |

- 2021-present • Ad hoc reviewer. Kentucky Journal of Communication.
- 2019-2022 • Nominating Committee Leader in Practice 15 years or less, Academy of Nutrition and Dietetics. (National, elected position)
- 2019 • Reviewer, Grant Proposals. U.S. Department of Agriculture, National Institute of Food and Agriculture
- 2019-present • Ad hoc reviewer. Journal of Immigrant and Minority Health
- 2019-present • Superintendent for Undergraduate Oral Research Contest, Minorities in Agriculture, Natural Resources, and Related Sciences (MANRRS) at each annual conference
- 2018, 2020 • Invited Reviewer, Grant Proposals. U.S. Department of Agriculture, National Institute of Food and Agriculture
- 2018-2019 • Conference Planning Chair, Kentucky Academy of Nutrition and Dietetics
- 2017-present • Ad hoc reviewer. Journal of the Academy of Nutrition and Dietetic.
- 2015-2019 • Latinos and Hispanics in Dietetics and Nutrition (LAHIDAN), Mentoring Program, 15-25 mentees and 15-20 mentors annually

**13. PROFESSIONAL MEMBERSHIPS**

- 2004-present Academy of Nutrition and Dietetics (AND)
- 2016-present Kentucky Academy of Nutrition and Dietetics (KAND)
- 2016-present Bluegrass Academy of Nutrition and Dietetics (BGAND)
- 2016-present North American Colleges and Teachers of Agriculture (NACTA)
- 2006-present Society for Nutrition Education and Behavior (SNEB)
- 2006-present Minorities in Agriculture and Natural Resources and Related Sciences (MANRRS)