# Curriculum Vitae for

# Makenzie L. Barr, Ph.D., RDN

Assistant Professor, Dietetics and Human Nutrition Regular Title Series Appointment Date: July 1, 2019

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# **EDUCATION**

2018	Ph.D.	Animal and Food Science, West Virginia University Emphasis in Community Nutrition and Lifestyle Behavior Research • Dissertation: Appalachian Bariatric Surgery Population Descriptive Analysis, Surgical Outcomes, and Food Accessibility
2014	B.S.	Human Nutrition & Foods, West Virginia University  • Minor: Food Science Technology

### **CERTIFICATIONS**

2018	Graduate Certificate in Biostatistics, WVU School of Public Health
2018	Registered Dietitian Nutritionist (RD/RDN)
2019	Kentucky Licensed Dietitian Nutritionist (LD/LDN)
2017	Motivational Interviewing

### PROFESSIONAL EXPERIENCES

07/2019-Present	Assistant Professor, Dietetics and Human Nutrition, University of Kentucky, Lexington, KY
07/2018-05/2019	Postdoctoral Fellow, West Virginia University Research
	Corporation, Animal and Nutritional Sciences, West Virginia University, Morgantown, WV
01/2018-06/2019	Consulting Bariatric Dietitian, Akkary Surgery Center, Morgantown, WV
09/2014-05/2018	Graduate Research Assistant, Animal and Nutritional Sciences, West Virginia University, Morgantown, WV
09/2014-05/2018	Graduate Teaching Assistant, Animal and Nutritional Sciences, West Virginia University, Morgantown, WV

# **ADMINISTRATION (5% Effort)**

July 2020-Present	Director of the Undergraduate Certificate in Food Systems and Hunger
	Studies, Department of Dietetics and Human Nutrition, University of
	Kentucky

#### **GRANT ACTIVITY**

#### **Submitted Grants:**

Smalls B (PI), **Barr M (Co-PI)**, Norman-Burgdolf H (Co-PI), Lacy B (Co-PI), Thompson K (Co-PI), Davis, A. (Co-PI). 12/1/2022 – 11/30/2027. *Policy and Health Implications of the Availability of Cooperative Extension to Address Cardiometabolic Conditions in a Heterogenous Rural State*. Funding Source: NIH-R01-RFA-AG-23-004. (Extramural, National Award). \$3,040,204.

 Pending; Provide primary data collection support through Cooperative Extension, qualitative data training and collection, and outcome dissemination

Smalls B. (PI), **Barr M. (Co-I)** Norman-Burgdolf H (Co-I). 07/01/2022 – 06/20/2025. *Addressing Intergenerational Obesity and Promoting Healthy Eating and Physical Activity Among Individuals Living with Diabetes in Appalachian Kentucky*. American Diabetes Association Inc. Submitted: November 30, 2021. \$600,000

 Pending; Provide registered dietitian oversight, data training and collection, and outcome dissemination

#### **Extramural Funded Grants:**

Cardarelli K. (PI), Mullins J (Co-I), Swanson M (Co-I), Slone S (Co-I), Brewer D (Co-I), **Barr M** (Co-I), Luecking C (Co-I). 03/01/2022 – 02/28/2026. Laurel HARVEST: Helping Appalachia Restore a Vibrant food Environment for Self-sufficiency Together. Funding Source: USDA NIFA AFRI 2022-68015-36497. \$969,720; 8% FTE

 Intervention implementation, lead quantitative data collection, co-lead qualitative data collection

Kendra OoNorasak (PI), **Makenzie Barr (Co-I)**, Tammy Stephenson (Co-I). 03/01/2022 – 02/29/2024. *Meals on Wings at the University of Kentucky: Addressing food insecurity in older adults through expansion of the Campus Kitchen at the University of Kentucky*. United Way and University of North Florida Center for Nutrition and Food Security. \$50,000; 0% FTE

Advise and lead data collection efforts throughout program implementation

McNamara J (PI), **Barr M (Co-PI).** 11/01/2021 – 10/31/2023. *Utilizing Community-Based Participatory Research to Increase Health Related Quality of Life in College Students*. USDA NIFA AFRI SEED; 2021-68015-33432. \$177,676; 12.5-20% FTE

 As co-PI, serve as the lead on all program implementation in Kentucky. Led undergraduate course at UK, co-led student research workshop in Maine, and will lead implementation of student-designed intervention at UK in fall 2022.

Jacobsen K (PI), **Barr M (Co-PI)**, Brislen L (Co-PI), Breazeale N (Co-PI), Kusunose Y (Co-PI), Gonthier D (Co-PI). *Strengthening Plant Production Though an Interdisciplinary Food Systems Graduate Training Program.* Funding Source: USDA, Food and Agricultural Sciences, National Needs Graduate Fellowship; 2021-38420-34057. \$256,146; 0% FTE

 Lead DHN arm of program. Co-teach graduate interdisciplinary food systems and professional development courses, mentor master's student fellow, assist in program sustainability efforts.

Gustafson A (PI), **Barr M (Co-I).** 01/25/2021 – 03/01/2022. Online grocery shopping intervention as a way to improve food insecurity and dietary intake among low-income households. Share Our Strength. \$190,000; 10% FTE

 Assist with qualitative data training, codebook development, and interpretation of results.

#### Internal Funded Grants:

Gustafson A (PI), Barr M (Co-I). Multistate/Hatch Funding NC-1193. \$90,080; 10% FTE

 Assist with qualitative data training, codebook development, and interpretation of results.

**Barr M (PI).** 11/01/2021 – 06/30/2022. University of Kentucky College of Agriculture, Food, and Environment Research Activity Award. \$3,800

• Funds used to supplement two multistate research efforts to support college student health and well-being, and mentor two funded undergraduate student researchers.

**Barr M (PI).** 06/01/2021 – 06/30/2022. *Food Systems and Hunger Studies Online Certificate*. University of Kentucky Online Marketing Grant. \$5,000

 Support marketing efforts for the online iteration of the Undergraduate Certificate in Food Systems and Hunger Studies

**Barr M (PI)**, Cardarelli K (Co-I). 03/01/2021 – 06/30/2021. *A Qualitative Community Based Participatory Research Approach to Identifying Community Supported Interventions for Laurel County Kentucky*, 2021. University of Kentucky Center for Health Equity and Transformation, Just-in-Time Funding. \$1,750

 Provided funding to collect and publish preliminary qualitative data collection for enhancement of a successfully funded USDA resubmission.

**Barr M (PI)**, Oo K (Co-I). 12/01/2020 – 12/31/2021. *Hunger, Food Behavior, and the Environment*. University of Kentucky Center for Service-Learning & Civic Engagement. \$1,000

 Supported service learning, low-income cooking class project component into DHN 318

**Barr M (PI)**, Stephenson T (Co-I), Oo K (Co-I), Hughes K (Co-I). 06/01/2020 – 02/28/2021. *Evaluation of the Impact of COVID-19 and Community Response on Food Insecurity, Behaviors, Health, and Well-being.* University of Kentucky COVID-19 Unified Research Experts (CURE) Alliance Pilot Grant Program. \$9,250

 Led project management, data collection and analyses, and publication efforts of this pilot program to understand food insecurity of the local community during the pandemic.

#### Submitted Unfunded Extramural Grants:

**Barr M (PI),** Smalls B (Co-I), Houlihan J (Co-I). 07/01/2022 – 06/30/2025. American Diabetes Association. *Using CBPR to Adapt and Implement an Obesity Prevention Program among Families receiving care at a Pediatric High BMI Clinic.* \$32,027

Colby S (PI), **Barr M (Co-PI)**, Kattelmann K (Co-PI), Mathews A (Co-PI), Olfert M (Co-PI), McNamara J (Co-PI), Childs M (Co-PI), Tolar-Peterson T (Co-PI). *Transforming Institutional Approaches to Engaging Undergraduate Students through Project Core: Community Outreach Research Engagement*, 2020. National Science Foundation. \$2,994,625.46

Schroeder-Moreno M (PI), Jacobsen K (Co-PI), Dunning R (Co-PI), Cruz A (Co-PI), **Barr M** (Co-PI). Preparing a diverse food system workforce: an inter-institutional approach to developing shared education and professional skills in the Southeast, 2021. USDA NIFA - Higher Education Challenge Grant. \$299,041

Cardarelli K (PI), Mullins J (Co-I), Swanson M (Co-I), Slone S (Co-I), Brewer D (Co-I), **Barr M** (Co-I), Luecking C (Co-I). *Laurel HARVEST: Helping Appalachia Restore a Vibrant food Environment for Self-sufficiency Together.* 2020. USDA NIFA AFRI. \$999,750. Revised and resubmitted

#### **Submitted Unfunded Internal Grants:**

Schwartz A (PI), Jackson Y (Co-PI), Combs L (Co-PI), Brewer D (Co-PI), Stephenson T (Co-PI), **Barr M (Co-PI)**. Experiential Learning: Clinical Based Simulations in Dietetics Education. 2019. CAFE Research Activity Award. \$3,000

**Barr. M (PI).** Appalachian Bariatric Surgery Patient Outcomes and Post-Surgery Perceptions. 2019. University of Kentucky Center for Clinical and Translational Science, Early Career Award. \$25,000

**Grant Snapshot** 

	LOIs submitted	Invited	In Submission	Funded	Not funded	Re- submissions	Completed
Internal	2	1	0	6	2	0	3
External	1	0	1	4	3	1	0

#### **PUBLICATIONS**

Published in peer-reviewed journals (Since 2019 = 8):

- \* Student Involvement
- 1 = PI/Corresponding Author
- 2 = technical expertise
- 3 = experimental concept and design, manuscript preparation
- Barr, M. L.<sup>1</sup>, Martin, C.\*, Luecking, C., & Cardarelli, K. (2021). Losses, Gains, and Changes to the Food Environment in a Rural Kentucky County during the COVID-19 Pandemic. *Nutrients*, 13(11), 3929. https://doi.org/10.3390/nu13113929

- 2. **Barr ML**<sup>1</sup>, OoNorasak K, Hughes K, Batey L,\* Jackson K,\* Marshall H,\* Stephenson T. Exploring Perceived Importance of a Novel Emergency Food Program during COVID-19 and Program Recipient Characteristics. *International Journal of Environmental Research and Public Health*. 2021; 18(20):10786. <a href="https://doi.org/10.3390/ijerph182010786">https://doi.org/10.3390/ijerph182010786</a>
- 3. **Barr ML**<sup>2,3</sup>, Tabone LE, Brode C, Szoka N, Olfert MD. (2020). Successful Weight Loss after Bariatric Surgery in Appalachian State Regardless of Food Access Ranking Score. *Surgery for Obesity and Related Diseases*. <a href="https://doi.org/10.1016/j.soard.2020.06.040">https://doi.org/10.1016/j.soard.2020.06.040</a>
- Olfert, MD, Barr, ML<sup>2,3</sup>, Mathews, AE, Horacek, TM, Riggsbee, K, Zhou, W, & Colby, SE (2020). Life of a vegetarian college student: Health, lifestyle, and environmental perceptions. *Journal of American College Health*, 1-8. DOI: 10.1080/07448481.2020.1740231
- 5. Olfert MD, **Barr ML**<sup>2,3</sup>, Hagedorn RL, Wattick RA, Zhou W, Horacek TM, Mathews AE, Kattelmann KK, Kidd T, White AA, Brown ON, Morrell JS, Franzen-Castle L, Shelnutt KP, Byrd-Bredbenner C, Tolar-Peterson T, Greene GW and Colby SE (2020) eB4CAST Approach Improves Science Communication With Stakeholders in a College-Based Health Program. *Front. Public Health* 8:158. doi: 10.3389/fpubh.2020.00158
- Barr ML<sup>2,3</sup>, Brode C, Tabone LJ, Cox SE, Olfert MD. Psychological Diagnoses and Weight Loss among Appalachian Bariatric Surgery Patients. *Journal of Obesity*, vol. 2020, Article ID 1743687, 7 pages. (2020). <a href="https://doi.org/10.1155/2020/1743687">https://doi.org/10.1155/2020/1743687</a>.
- 7. Santella, M., Hagedorn, R. L., Wattick, R. A., **Barr, M. L**.<sup>3</sup>, Horacek, T., Olfert, M. D. (2020) Learn first, practice second approach to increase health professionals nutrition-related knowledge, attitudes and self-efficacy. *International Journal of Food Sciences and Nutrition*, 71:3, 370-377, DOI: 10.1080/09637486.2019.1661977
- 8. Olfert, M. D., **Barr, M. L.**<sup>2,3</sup>, Hagedorn, R. L., Long, D. M., Haggerty, T. S., Weimer, M., Golden, J., Maurer, M. A., Cochran, J. D., Hendershot, T., Whanger, S. L., Mason, J. D., Hodder, S. L. (2019). Feasibility of a mHealth Approach to Nutrition Counseling in an Appalachian State. *Journal of Personalized Medicine*. *9,50*. Doi:10.3390/jpm9040050
- 9. Christianson J, Kattelmann K, Riggsbee K, Moret L, Vilaro MJ, Olfert MD, Mathews AE, **Barr M³**, Colby S. (2019). Promoting Wellness on College Campuses: Identifying and Addressing the Wellness Needs of College Students. *Topics in Clinical Nutrition*, *34*(2), 125-137.
- 10. Clark RL, Famodu OA, Barr ML<sup>2,3</sup>, Hagedorn RL, Ruseski J, White JA, Warner C, Morrell A, Murray PJ, Olfert IM, McFadden JW, Downes MT, Colby SE, Olfert MD. (2019). Monetary Cost of the MyPlate Diet in Young Adults: Higher Expenses Associated with Increased Fruit and Vegetable Consumption. *Journal of nutrition and metabolism*, 2019. https://doi.org/10.1155/2019/2790963
- 11. **Barr ML**<sup>2,3</sup>, Tabone LE, Cox SJ, Brode C, Szoka N, Olfert IM, Davisson L, Olfert MD. (2019). Bariatric Surgery Outcomes in Appalachia Influenced by Surgery Type, Diabetes,

- and Depression. Obesity surgery, 29(4), 1222-1228. Bariatric Surgery Outcomes in Appalachia Influenced by Surgery Type, Diabetes, and Depression, *Obesity Surgery*.
- 12. Olfert, M.D.; **Barr, M.L.**<sup>2,3</sup>; Charlier, C.C.; Greene, G.W.; Zhou, W.; Colby, S.E. (2019). Sex differences in lifestyle behaviors among US college freshmen. *International journal of environmental research and public health*, *16*(3), 482.
- 13. Olfert MD, Hagedorn RL, **Barr ML**<sup>2,3</sup>, Colby SE, Kattelmann KK, Franzen-Castle L, White AA. (2019). Dissemination using infographic reports depicting program impact of a community-based research program: eB4CAST in iCook 4-H. *Journal of nutrition education and behavior*, *51*(3), S52-S59. DOI: <a href="https://doi.org/10.1016/j.jneb.2018.10.013">https://doi.org/10.1016/j.jneb.2018.10.013</a>
- 14. Olfert MD, King SJ, Hagedorn RL, Barr ML<sup>2,3</sup>, Baker BA, Colby SE, Kattelmann KK, Franzen-Castle L, White AA. (2019). Ripple effect mapping outcomes of a childhood obesity prevention program from youth and adult dyads using a qualitative approach: iCook 4-H. *Journal of nutrition education and behavior*, 51(3), S41-S51. <a href="https://doi.org/10.1016/j.jneb.2018.08.002">https://doi.org/10.1016/j.jneb.2018.08.002</a>
- 15. Famodu OA, Barr ML<sup>2,3</sup>, Holásková I, Zhou W, Morrell JS, Colby SE, Olfert MD. (2018). Shortening of the Pittsburgh Sleep Quality Index survey using factor analysis. *Sleep disorders*, 2018. Article ID 9643937, 9 pages. <a href="https://doi.org/10.1155/2018/9643937">https://doi.org/10.1155/2018/9643937</a>.
- 16. Olfert MD, Barr ML<sup>2,3</sup>, Hagedorn RL, Franzen-Castle L, Colby SE, Kattelmann KK, White AA. (2018). Health disparities score composite of youth and parent dyads from an obesity prevention intervention: iCook 4-H. In *Healthcare* (Vol. 6, No. 2, p. 51). DOI: 10.3390/healthcare6020051
- 17. White JA, Hagedorn RL, Waterland NL, **Barr ML**<sup>2,3</sup>, Famodu OA, Root AE, White AA, Colby SE, Franzen-Castle L, Kattelmann KK, Olfert MD. (2018). Development of iGrow: A Curriculum for Youth/Adult Dyads to Increase Gardening Skills, Culinary Competence, and Family Meal Time for Youths and Their Adult Caregivers. *International journal of environmental research and public health*, *15*(7), 1401.
- 18. Famodu OA, Barr ML<sup>2,3</sup>, Colby SE, Zhou W, Holásková I, Leary MP, Byrd-Bredbenner C, Mathews AE, Olfert MD. (2018). Neck circumference positively relates to cardiovascular risk factors in college students. *International journal of environmental research and public health*, 15(7), 1480.
- 19. **Barr ML**<sup>2,3</sup>, Guo G, Colby SE, Olfert MD. (2018). Detecting body mass index from a facial photograph in lifestyle intervention. *Technologies*, *6*(3), 83. <a href="https://doi.org/10.3390/technologies6030083">https://doi.org/10.3390/technologies6030083</a>
- 20. Olfert MD, Hagedorn RL, **Barr ML**<sup>2,3</sup>, Famodu OA, Rubino JM, White JA. (2018). eB4CAST: an evidence-based tool to promote dissemination and implementation in community-based, public health research. *International journal of environmental research and public health*, *15*(10), 2142; <a href="https://doi.org/10.3390/ijerph15102142">https://doi.org/10.3390/ijerph15102142</a>
- 21. Olfert, M, **Barr, M**<sup>2,3</sup>, Riggsbee, K, Kattelmann, K, Leischner, K, Mathews, A, Vilaro, M, Colby, S. (2018). A Community Based Participatory Approach to Training Young Adults to

- Design and Implement a Social Marketing Framed Lifestyle Intervention on Their College Campus. *Education Sciences*, 8(3), 150.
- 22. Charlier, CM; **Barr, ML**<sup>2,3</sup>; Colby, SE; Greene, GW; Olfert, MD. (2018, December). Correlations of self-reported androgen deficiency in ageing males (ADAM) with stress and sleep among young adult males. *Healthcare* (Vol. 6, No. 4, p. 121).
- 23. Olfert MD, **Barr ML**<sup>2,3</sup>, Charlier CM, Famodu OA, Zhou W, Mathews AE, Byrd-Bredbenner C, Colby SE. (2018) Self-Reported vs. Measured Height, Weight, and BMI in Young Adults. *Int. J. Environ. Res. Public Health*, *15*(10), 2216; doi: 10.3390/ijerph15102216
- 24. **Barr, ML**<sup>2,3</sup>; Colby, S.E.; Riggsbee, K.; Leischner, K.; Mathews, A.E.; Vilaro, M.J.; Kattelmann, K.K.; Olfert, M.D. (2018). Health Behaviors of Student Community Research Partners When Designing and Implementing a Healthy Lifestyle Intervention on College Campuses. *Behav. Sci*, 8, 99.

# Submitted/In-Progress to Manuscripts (n=3)

- \* Student Involvement
- 1 = PI/Corresponding Author
- 2 = technical expertise
- 3 = experimental concept and design, manuscript preparation
- 1. McNamara J, Mena NZ, Wright A\*, **Barr ML**<sup>1,2,3</sup>. "Suck It Up Buttercup, It'll Get Better", Views on Healthy Living During Pregnancy and Postpartum. Submitted to American Journal of Public Health (Submitted February 2022)
- 2. OoNorasak K, **Barr, ML**<sup>1,2,3</sup>, Pennell M, Hinton J\*, Garner J\*, Kerber C\*, Ritter C\*, Dixon L\*, Rhode C\*, Stephenson T. Evaluation of a Sustainable Student-Led Initiative on a College Campus Addressing Food Waste and Food Insecurity. Submitted to Journal of Food Systems and Community Development. (In revisions, Submitted September 2021)
- 3. OoNorasak K, **Barr M**<sup>2</sup>, Pennell M, Hardesty D\*, Yokokura K\*, Udarbe S\*, Stephenson T. Intersectionality of Self-Reported Food Insecurity and Perceived Stress of College Students at a Land-Grant Southeastern Higher Education Institution during the COVID-19 Pandemic. Submitted to Georgia Journal of College Student Affairs. (In review, February 2022)
- 4. **Barr ML**<sup>1,2,3</sup>, Watras E\*, McNamara J. Development of a Community-Based Participatory Research Course and Peer-Led Intervention. (In Development)
- 5. Anderson-Steeves B, Hudson T, Gillespie R, DeWitt E, **Barr M**, Cox B, Haynes-Maslow L, Trude A, Gustafson A. Mixed Method approach to understand barriers and facilitators to online shopping across Supplemental Nutrition Assistance Program (SNAP) customers. (In Development)
- 6. Gillespie R, DeWitt E, **Barr M**, Cox B, Hudson T, Anderson-Steeves B, Haynes-Maslow L, Trude A, Gustafson A. Mixed Method approach to understand barriers and facilitators to online shopping across Supplemental Nutrition Assistance Program (SNAP) retailers: What can we learn to improve and enhance online shopping? (In Development)

#### MEDIA OUTREACH

 Barr, M. L. (2021). Food Insecurity: Kentucky Rates, Impacts, and COVID Influence. Frankfort, KY, Kentucky Diabetes Network Newsletter. <a href="https://mcusercontent.com/204b2bf7cfacfa845967c70e4/files/5e9f838f-a1bd-fa18-41f9-64d552d3b26c/KDCN">https://mcusercontent.com/204b2bf7cfacfa845967c70e4/files/5e9f838f-a1bd-fa18-41f9-64d552d3b26c/KDCN</a> FIKY MBarr.pdf

#### PROFESSIONAL PRESENTATIONS

### <u>Oral Presentations (Since 2019 appointment = 5):</u>

- 1. **Barr ML.** Patient Centered Post-Bariatric Surgery Support. Alliance for Diabetes and Obesity Research (ADORE) Monthly Meeting. Invited Speaker. August 11, 2021.
- 2. **Barr ML,** OoNorasak K, Jackson K, Hughes K. Leveraging Resources and Collaborative Efforts between Communities and Public Authorities for Food Relief and Educational Programming during the COVID-19 Pandemic. Society for Nutrition Education and Behavior Annual conference Session. August 10, 2021.
- 3. **Barr ML.** Panel Speaker for Universities Fighting World Hunger, Presidents United to Solve Hunger (PUSH) Forum. Invited Panelist. March 24, 2021.
- Barr ML. Care for the Long-Term Post-Bariatric Surgery Patient: Preventing Weight recidivism. Invited Speaker. Bluegrass Academy of Nutrition and Dietetics Monthly Meeting. May 21, 2020.
- 5. **Barr ML**, Oo Kendra. Food Behavior, Dietary Patterns, and Gut Health for Individuals with Intellectual and/or Developmental Disabilities. Invited Speaker. The Arc of Kentucky Annual Conference. Louisville, KY. February 20, 2020.
- 6. **Barr ML**, Olfert MD, Tabone L, Szoka N, Brode C, Cox S, Olfert IM, Davisson L. Metabolic Surgical Outcomes in a United States Appalachian Population. International Federation for the Surgery of Obesity and Metabolic Disorders Conference. Athens, Greece 2018. Oral Presentation
- 7. **Barr ML**, Olfert MD, Tabone L, Szoka N, Brode C, Cox S, Gross T, Wilson B, Davisson L. Low Food Access Ranking among West Virginia Appalachian Metabolic Surgery Patients. International Federation for the Surgery of Obesity and Metabolic Disorders Conference. Athens, Greece 2018. Oral Presentation

## Poster Presentations (Since 2019 = 15):

- 1. Dunn M\*, McNamara J, **Barr**, **ML** (2022). Applying Nominal Group Technique to Determine College Campus CBPR Intervention (abstract in review: *Society for Nutrition Education and Behavior*)
- 2. Sullivan A\*, Neptune L\*, Parsons K\*, Reynolds A\*, Watras E\*, Winn C\*, **Barr ML**, McNamara J. (2022) A Qualitative Study Exploring an Undergraduate Community-Based

- Participatory Research (CBPR) Course (abstract in review: Society for Nutrition Education and Behavior)
- 3. **Barr ML**, Kelly S\* (2022). Care of Post-Bariatric Surgery Patients: Qualitative Feedback Highlights need for Consistent and Effective Guidelines (*American Society for Metabolic and Bariatric Surgery*)
- 4. Barleston R,\* Blades M,\* OoNorasak K, Hughes K, **Barr M,** Stephenson T. Power of Produce (POP) Club: Farmer's Market Incentive and Nutrition Education Program for Families with Children. Kentucky Local Food Systems Summit. March 2022.
- 5. **Barr ML**, OoNorasak K, Stephenson T, Hughes K. Impact of a Free Meal Assistance Program during COVID-19. Online. April 2021.
- 6. Hinton J,\* OoNorasak K, **Barr M**, Gardner L,\* and Stephenson T. Evaluating the Impact of Campus Kitchen at the University of Kentucky on Reduction of Food Waste and Food Insecurity. 2021 UK Undergraduate Research Scholars Showcase. Online. April 2021.
- 7. Oberle M,\* Udarbe S,\* OoNorasak K, **Barr M**, Pennell M, Bayes T,\* and Stephenson T. College Students: Assessing Food Insecurity, Perceived Stress, Employment, and Budgeting Habits Before and Since the COVID-19 Pandemic. 2021 UK Undergraduate Research Scholars Showcase. Online. April 2021.
- 8. Hinton J,\* OoNorasak K, **Barr M,** Gardner L,\* and Stephenson T. Impact of Free, Locally Sourced Lunch Program on Food Insecurity and Stress Reduction Among College Students. 2021 National Conferences on Undergraduate Research (NCUR). Online. April 2021.
- 9. Hinton J,\* Oberle M,\* OoNorasak K, **Barr M**, Gardner L,\* and Stephenson T. Food Waste and Insecurity: Student-Led Relief During the COVID-19 Pandemic. 2021 Universities Fighting World Hunger Summit. Online. March 2021.
- 10. Oberle M,\* Luc A,\* Larison S,\* Richards C,\* OoNorasak K, **Barr ML**, Stephenson TJ. (2021). A Blueprint for the Future: The First Campus Kitchen Summer Operations. (*Student Sustainability Poster Competition*)
- 11. **Barr ML**, Kuman A,\* Batey L.\* (2021) Body Looks as Second Most Important Concern for Health in College Students although Low Dietary Quality. (*American Society for Nutrition Conference*).
- 12. **Barr, ML**, Hayes, M\* (2021) Cancer Prevention Behaviors and Knowledge of Cancer Screening among Food Insecure College Students (*American Society for Nutrition Conference*).
- 13. Combs, EL, **Barr, ML**, Jackson, Y, Schwartz, A, Stephenson, T. (2021) High-fidelity Simulations for Dietetics Students' Perceptions of Readiness to Serve as Entry-level Dietitians (*Food and Nutrition Conference and Expo*).

- 14. **Barr**, **ML**, OoNorasak, K (2021) Understanding College Student Awareness of Cancer Risk Prevention: Screening and Perception of Dietary Influence. (*Society for Nutrition Education and Behavior*).
- 15. **Barr ML**, McNamara J (2021) Cross-sectional Examination of Dietary Quality and Mindful Eating Behavior among Pregnant and Postpartum Women. (*Society for Nutrition Education and Behavior*).
- 16. Udarbe S,\* OoNorasak K, **Barr M**, Pennell M, Bayes T,\* Stephenson T. (2021) Assessing the Impacts of the COVID-19 Pandemic on Stress and Food Insecurity in College Students. Universities Fighting World Hunger Summit. Poster Presentation.

# **TEACHING (45% Effort)**

# Courses Taught 2019 - Present

2021 **DHN 600:** Research Methods

2021 **GEN 300:** Special Course: Community Based Participatory Research

2020-present **DHN 320:** Experiential Learning in Hunger Studies

2020-present **DHN 318:** Hunger, Food Behavior, and the Environment **DHN 408g:** Seminar in Dietetics and Human Nutrition

2020 **DHN 591:** Special Problems in Dietetics and Human Nutrition 2019-present **DHN 514:** Counseling and Communication Theory and Application

#### **Guest Lecturer**

2020 **TA 490:** Senior Capstone, "Healthy Nutrition while Navigating Busy

Schedules, Tight Budgets, and COVID-19"

2019 **GEN 100:** Food Values & Safety Seminar Perspective Panel, "Issues in

Agriculture, Food, and Environment: Food Values & Safety"

Overall Quality of Teaching (Measured on a 5.0 Scale)

	F19	S20	Su20	F20	S21	F21
DHN 318		4.75	*		4.43	
DHN 408g		5.00				
DHN 514	4.78			4.64		3.60
DHN 600					4.71	
GEN 300						

DHN 320 and 591 course evaluations had minimal responses and thus, were not reported.

Overall Quality of Course (Measured on a 5.0 Scale)

	F19	S20	Su20	F20	S21	F21
DHN 318		4.00	*		4.43	
DHN 408g		4.57				
DHN 514	3.72			4.64		3.45
DHN 600					4.71	
GEN 300						

<sup>\*</sup>DHN 318 in summer 2020 had low enrollment and not reported.

DHN 320 and 591 course evaluations had minimal responses and thus, were not reported. \*DHN 318 in summer 2020 had low enrollment and not reported.

# <u>Graduate Student Mentoring (Chair = 1, Member = 9)</u>

**Summary of Graduate Students** 

Student	Thesis/Dissertation	Role	Graduation
Rachel Wattick (WVU PhD)	Psychosocial Influences on, and Characteristics of, Young Adult Food Addiction	Member	Anticipated 2023
Ruitong Zhang	COVID19 Impact on Self-Reported Fruits and Vegetables Consumption and Farmer's Market Voucher Participation in the Rural Appalachian Region	Member	Anticipated 2022
Lynn Maamari	Risk factors for eating disorders among young women from two different countries: Lebanon and the United States	Member	Anticipated 2022
Brittany Cox	The Role of Online Shopping in Meal Planning and Preparation	Member	Anticipated 2022
Kylie McFee	Food Reinforcement, Attentional Bias, and Inhibitory Control as Mechanisms of Energy Compensation with Exercise	Member	Anticipated 2022
J.B. Pitts	Examining Motivations and Barriers for Online Grocery Shopping among Urban and Rural Populations of Kentucky and North Carolina	Member	Anticipated 2022
Alexis Scott	Leveraging Synergy of Community Health Workers from Appalachia to Improve Rates of Food Insecurity	Member	Anticipated 2022
Robert Anderson II	The Effects of Maximal Strength Training on Muscle Glycolytic Activity in Sedentary Adults, Classified as Obese	Member	Anticipated 2022
Pamela Thaxton	Incomplete due to personal reasons	Chair	Incomplete
Gretchen Trumbo -RD at WIC as of 2021	Assessing Self-Perceived Nutrition-Related Lifestyle Behaviors and Knowledge of University Music Students Following a Targeted Presentation	Chair	Graduated May 2021
Nasreen Omran	Exploring the Relationships between Cultural Values and Diet Patterns among Mexican and Cuban Immigrants in Kentucky	Member	Graduated August 2021
Michael Hayes II	Energy Compensation with Exercise is Not Dependent on Does	Member	Graduated May 2021

#### Directed Student Learning (excluding theses and Dissertations):

Lauren Nunez, Undergraduate Research Assistant, December 2021-Present Arrington Wright, Undergraduate Research Assistant, June 2021-Present Courtney Martin, Undergraduate Research Assistant, February 2021-Present Laura Feck, 591 Independent Study, August-December 2021 Irina Derkach, 591 Independent Study, August-December 2021 Madison Hayes, Undergraduate Research Assistant, January 2021-Present Haley Jones, 591 Independent Study, January-May 2021

Lauren Batey, Undergraduate Research Assistant, June-December 2020 Alyssa Kuman, Undergraduate Research Assistant, June-December 2020 Kaela Jackson, Sustainability Undergraduate Research Fellowship, May-August 2020 Rachel Newman, 591 Independent Study, January-May 2020

### Academic Advising (since 2019):

Undergraduates in Dietetics and Human Nutrition = 14 Undergraduates Certificate in Food Systems and Hunger Studies Secondary Advisor = 13

### **SERVICE (5% Effort)**

<b>Professional</b>	
2021	American Society for Nutrition Annual Conference Abstract Reviewer
2020	Journal of Appalachian Health manuscript peer-reviewer
2019	Health Education Journal manuscript peer-reviewer
2019	Journal of Environmental and Public Health manuscript peer reviewer

# College and Departmental

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2022-Present	Merchandising, Apparel, and Textiles Assistant Professor Search
	Committee (College)
2021-Present	CAFE Student Mental Health and Well-being Committee (College)
2021-Present	Steering Committee for the BS in Sustainable Agriculture and
	Community Food Systems (College)
2020-Present	Faculty Advisor, CHAARG, University of Kentucky Chapter
	(Departmental)
2020-Present	Performance Nutrition and Body Composition Lab (Departmental)
2019-Present	Graduate Admissions and Recruitment (Departmental)
2019-Present	Development of Accelerated Coordinated Program in Dietetics
	(Departmental)
2019	Undergraduate Student Research Activity Awards Selection
	Committee (College)
2019-2021	Dietetics and Human Nutrition Coordinated Program Applicant
	Reviewer (Departmental)
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# **PROFESSIONAL AFFILIATIONS**

2022-	North American College and Teachers of Agriculture (NACTA)
2020-	NC1193 Multistate: Using Behavioral and Environmental Tools to Identify Weight
	Related Factors Associated with Health in Communities of Young Adults
	<ul> <li>Secretary-elect (2022-2023); Chair-elect-elect (2023-2024)</li> </ul>
2019-	The Obesity Society (TOS)
2015-	American Society for Nutrition (ASN)
2014-	Academy of Nutrition and Dietetics (AND)

#### **FACULTY DEVELOPMENT**

RESEARCH
Conference Attendance

- NC1193: Promotion of Health and Nutrition in Diverse Communities of Emerging Adults (Virtual Multistate Meeting). (October 5, 2021 - October 2021). National.
- Society for Nutrition Education and Behavior. (August 8, 2021 August 10, 2021).
   SNEB. International. Virtual.
- American Society for Nutrition Annual Conference. (June 7, 2021 June 10, 2021).
   ASN. International. Virtual.
- NC1193: HCRC Annual Multistate Meeting (Virtual). (October 6, 2020 October 8, 2020). National.

# Faculty Fellowship

• UK CARES Faculty Fellow in Science Communication. (September 2020 - September 2021). UK CARES (NIEHS). Lexington, KY, United States.

## **Workshop**

- Transdisciplinary Community-based Participatory Research Training Workshop. (June 11, 2020 - June 11, 2021). National Cancer Institute. National. Memphis, TN, United States.
- Grant Writing Workshop conducted by Grant Writer's Seminars and Workshops, LLC. (December 14, 2020 - December 15, 2020). CAFE & Grant Writer's Seminars and Workshops, LLC. College. Lexington, KY.