

**Possible Learning Experiences to meet ACEND COMPETENCY STATEMENTS**  
**Community Nutrition**  
**SPP 2021**

The UK DHN SPP strives to prepare students to join the dietetics profession as competent entry-level practitioners.

**Competency** is the requisite knowledge, ability, capability, skills, judgment, attitudes and values; behavior expected of a beginning practitioners; minimum level of performance requiring some degree of speed and accuracy consistent with patient/client well-being.

**Foundation Knowledge** is cognitive performance in clinical, biomedical and behavioral sciences that supports competency for dietetics practice.

**Competency Statements** are a description of performance behavior of an entry-level practitioner, based on requisite knowledge, ability, capability, skills, judgment, attitudes and values.

**Competencies** are a set of specific knowledge, abilities, skills, capabilities, judgment, attitudes and values that every entry-level practitioner is expected to know and do for employment in dietetics.

Thus, all entry-level dietitians will have the competencies and additional competencies according to the concentration area completed.

**An additional listing of possible learning experiences in community nutrition has been provided to help achieve the minimum performance level for each competency.**

### **Community Nutrition**

The following is a list of **possible** learning experiences to help you achieve the competencies for this rotation.

- Review materials related to supplemental feeding programs, i.e. incidence/prevalence of problems, food intake and education; social service programs.
- Determine federal and state eligibility requirements for community agencies.
- Review policies and procedures material.
- Analyze routes for informal and formal communications.
- Review data on funding, budgeting, salaries, and supplies.
- Review grant writing procedures utilized by facility and identify sources of grants available.
- Identify communication routes, referral procedures and ancillary support systems for services that complement the community nutrition program.
- Observe the process of nutrition assessment in a community setting.
- Determine and obtain necessary information for assessment.
- Plan menus, information sheets or brochures for appropriate client population, i.e. pregnancy and lactation, infants and children, women's health issues, or geriatric nutrition.
- Analyze intake for nutritional quality.
- Prepare interpretation of findings in lay terms.

- Integrate cultural, educational, religious and economic facts influencing client's behavior.
- Document assessment, intervention, outcomes and follow-up in manner appropriate to facility.
- Attend team conferences and other meetings related to client care.
- Determine specific religious and cultural groups served by site.
- Develop appropriate educational materials including food preferences to instruct a special population group.
- Develop instructional material on normal life cycle nutrition for use by professionals at community health agency.
- Discuss criteria for food outlet selection, training of staff, and monitoring of participation.
- Assess nutritional status of individual clients of various ages.
- Use instruments provided by site to determine degree of risk for nutritional deficiency.
- Provide counseling for individuals at nutrition risk using various educational methods, techniques and teaching aids suitable for each client.
- Record pertinent data in client records using techniques specific by community nutrition site.
- Plan, present and evaluate classes for special population groups.
- Record pertinent data in clients' records using techniques specified by community nutrition site.
- Review statistical literature of the agency.
- Examine statistical data collected by facility and determine statistical methods utilized.
- Assist in the data collection process, if possible.
- Analyze subset of data using appropriate statistical techniques.
- Using statistics obtained; interpret data, form conclusions.
- Identify nutrition issues that need public awareness.
- Identify appropriate person/agency/elected official to contact about nutrition issues.
- Communicate information regarding the issue with preceptors.
- Read popular magazines, newspapers, and advertisements or view television programming with nutrition information related to nutrition focus of agency.
- Evaluate effectiveness of printed matter regarding sound nutrition practices and its potential impact upon the lay public; utilize professional literature to substantiate recommendations.
- Disseminate a nutrition related issue through a contribution to a professional newsletter, process release or through a poster, bulletin board or public forum such as a health fair.