



Exercise Study Enrolling Now

Researchers at the University of Kentucky are conducting a study to see how exercise may change cognitive performance. Participants will be required to make 3 visits to the study site and 1 visit would include an exercise session. Your body composition will be tested with a BodPod and you will be given \$200 compensation for finishing the study.

You may be eligible if you:

- Are healthy enough to exercise and have no major medical conditions/issues
- Are NOT pregnant
- Do NOT use tobacco products
- Do NOT regularly exercise
- Have a BMI between 25 and 45
- Are between ages 18 and 45

For more information:

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 **Research**
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